

#### State of Arkansas Alcohol and Drug Abuse Coordinating Council

Asa Hutchinson Governor

#### Kirk Lane, Council Chair

Mike McCormick, Chair Law Enforcement Committee Kermit Channell, Chair Policy and Procedure Committee Deborah Bledsoe, Chair Treatment and Prevention Committee

# ARKANSAS ALCOHOL & DRUG ABUSE COORDINATING COUNCIL 1 p.m. on February 21, 2019

Arkansas State Police Headquarters #1 State Police Plaza Drive Main Commission Room Little Rock, AR 72209

I. Call to Order Kirk Lane, Council Chair

II. Roll Call & Introductions

III. Review and Approval of October Minutes

IV. Committee Reports

Law Enforcement Committee
 Policy and Procedure Committee
 Prevention and Treatment Committee
 Deborah Bledsoe

V. Monthly Reports

Monthly DF&A Financial Status Reports
 DBHS Prevention, Treatment and Recovery Reports
 Deborah Bledsoe

VI. New Business (There is no new business scheduled for this meeting)

VII. Drug Director's Update Kirk Lane, State Drug Director

VIII. Adjournment

#### ARKANSAS ALCOHOL & DRUG ABUSE COORDINATING: Council Minutes

January 17, 2019; Old Commission Room -AR State Police Building (#1 State Police Plaza Drive, Little Rock, AR 72209)

#### I. Council Members Present

Chairman Kirk Lane, Deborah Bledsoe, Kim Brown, Teresa Belew, Autumn Hemphill, Sheriff Mike McCormick, Chief Hayes Minor, Kevin Murphy, Bob Parker, Paul Stevens, Chief Jay Thompson, Ben Udochi, George Weaver, Kermit Channell, Betsy Kindall, Lt Col. Chuck Vereen, Paul Dottley, Chris White, Dr. Sarah Jones, & Judge Steve Tabor

#### II. Call to Order

Council Chair Kirk Lane recognized a quorum was present and the roll call immediately followed. The previous council meeting minutes were reviewed. Chief McCormick made a motion to accept the previous council minutes as presented. Chris White seconded the motion. The motion was approved by unanimous vote.

#### III. Law Enforcement Committee Report

Chair Mike McCormick reported that the Law Enforcement Committee did meet on January 17th @ 1 pm. DFA discussed the DTF Grant and that the funding for the DTF would last until June 30, 2019. Chief Hayes Minor made the motion to accept the report. Bob Parker seconded the motion. The vote passed unanimously.

#### IV. Policy and Procedure Committee Report

Chair Kermit Channell reported that the Policy and Procedure Committee did not meet.

#### V. Treatment and Prevention Committee Report

Handouts were distributed and discussed by Deborah Bledsoe. George Weaver made the motion to accept the report and seconded by Chris White. The vote passed unanimously.

#### VI. DF&A Financial Reports

Ms. Autumn Hemphill reported on the monthly memorandum provided to the Council which includes state and federal balances for the Special State Asset Forfeiture Fund (SSAFF) and the State Drug Crime Enforcement and Prosecution Grant Fund (Drug Crime Assessment Fee Fund).

- The December 31, 2018 (12-31-18) balance for the state portion of the SSAFF fund is \$28,651.97
- The Drug Crime Assessment Fee Fund balance as of December is \$782,435.78
- The December total amount of the Drug Crime Assessment Fee deposited is \$97,252.83

#### VII. DBHS Monthly Treatment, Prevention, & Recovery Report

#### (A) Statewide Individual Treatment Services Report:

- **September** Ms. Bledsoe reported 452 for adult admissions, 27 adolescent admissions, 5 pregnant admissions, for a total of 479 admissions. The primary substance of use was (1) methamphetamine, (2) alcohol, and (3) marijuana/hashish. There were a total of 277 discharges.
- October Ms. Bledsoe reported 545 adult admissions, 34 adolescent admissions, 8 pregnant admissions, for a total 579 admissions. The primary substance of use was (1) methamphetamine, (2) alcohol and (3) marijuana. There were a total of 302 discharges.
- **November** Ms. Bledsoe reported 453 for adult admissions, 29 adolescent admissions, 1 pregnant admission, for a total of 482 admissions. The primary substance of use was (1) alcohol, (2) methamphetamine and (3) marijuana/hashish. There were a total of 243 discharges.

#### (B) Quarterly Report:

- Ms. Bledsoe requested Roshonda Bowden, STR Opioid Project Director; discuss the current self-reporting substance abuse tracking system. Ms. Bowden informed the council that an IT department is currently working on updating the system to adequately include opioids in the self-reporting substance abuse tracking system.
- Ms. Bledsoe then turned the floor over to Phil Hall for a quarterly report on Opioids. As of December there are 916 enrolled (115 enrolled from out-of-state) in the 6 statewide methadone maintenance programs, which is an increase from the previous quarter based on 123 new admissions and 114 discharges. The drugs of choice are hydrocodone and OxyContin, and there is a rise of heroin and fentanyl use. Mr. Hall said there is work being made to establish facilities in other areas of the state, with the greatest area of need in the delta area of Arkansas.

#### (C) DASEP Report:

- September Ms. Bledsoe summarized the DASEP report. 936 individuals were screened in September for a total of 2,359 individuals screened during this fiscal year. Education was provided to 439 individuals for a total of 1250 individuals educated during this fiscal year. \$75,015 in fees was collected for a fiscal year total of \$262,040 collected thus far.
- October Ms. Bledsoe summarized the DASEP report. 1432 individuals were screened in September
  for a total of 3,791 individuals screened during this fiscal year. Education was provided to 561
  individuals for a total of 2,170 individuals educated during this fiscal year. \$95,950 in fees was
  collected for a fiscal year total of \$357,240 collected thus far.
- November Ms. Bledsoe summarized the DASEP report. 1091 individuals were screened in September for a total of 4,882 individuals screened during this fiscal year. Education was provided to 530 individuals for a total of 2,669 individuals educated during this fiscal year. \$84,975 in fees was collected for a fiscal year total of \$443,165 collected thus far.

**(D) Additionally:** Christine Reid, DESAP program: Discussed the primary book used for level 1 offenders. She stated that a small work group is being created to review and update the booklet. Ms. Reid said the plan is to have the book updated by April 2019. Council member Teresa Belew requested the employment information be added to future DASEP reports. In response, Ms. Bledsoe said they will look into the matter.

#### VIII. RECOVERY

Jimmy McGill, STR Peer Recovery Coordinator, said there are 160 trained Peer Recovery Specialists with a goal of having 200 trained by the end of March. In partnership with MidSouth UALR and the Substance Abuse Certification Board, the Arkansas Advance Model for Peer Recovery was developed. He said the Arkansas Advance Model will be presented in Austin, Texas before National Peer Recovery leaders for an event sponsored by SAMSHA. McGill said other states are contacting him requesting his team to train Peer Recovery Specialists in their respective states. The PACT Project, which will allow placement of peer recovery specialists in jail and court systems (and possibly in Hospital Emergency Rooms) has been approved and will launch in the near future (no specific launch date given).

#### IX. PREVENTION

Ms. Tenesha Barnes reported the following:

- There are 5 grants funding prevention efforts. For Substance Abuse Prevention there are 18 RPRs, who reached more than 2.2 million people about prevention information through education, training and media.
- Recently received a Partnership for Success grant, and looking to put contracts back out. More
  information will be brought before the council at a future meeting. This grant targets 9-20 yearolds.
- O Prescription Drug Overdose (PDO) grant working with the Criminal Justice Institute, Arkansas Foundation for Medical Care (AFMC), and UALR MidSouth to target first responders with Naloxone programs. To date, 2,906 Naloxone kits have been distributed to first responders in selected communities. An Opioid Prevention Kickoff is slated for Feb. 1 in Boone County and Feb. 12 in Pulaski County, and work is being made to set a date for a kickoff in Saline County.
- o Will have a telephone conference call on February 25 with the CDC to discuss the development of a PowerPoint highlighting Arkansas Prevention efforts.
- STR grant The PDO effort is extended by the STR funding.
- SOR grant Will extend Naloxone training and prevention education to multiple agencies;
   working with the Reynolds Institute on a program focusing/targeting senior citizens concerning prevention efforts.

#### X. New Business:

**Dr. Betsy Kindall with Arkansas Aware** — Updated the council about a \$9 million SAMSHA grant awarded for a period of five years for prevention, intervention and training for public school population, as well as staff and mental health professionals. This is the 2nd time in SAMSHA history that the grant has been issued (first time Arkansas applied for the grant). Arkansas Aware is about advancing wellness and resilience in education — access to care for children for health services. Pilot sites will be launched in Marvell, Elaine, Texarkana, and Harrison. A train the trainer session will take place in Little Rock in July, with efforts to setup a train the trainer session in other areas of the state.

**Jason Skinner & Diane Bynum with Arkansas Substance Abuse Certification Board** – discussed the history of the program and their partnership with the PACT project (discussed previously by Jimmy McGill, STR Peer Recovery Coordinator).

#### Autumn Hemphill with DFA discussed:

- 1. **Comprehensive Opioid Abuse Site-Based Program** (COAP 4): Awaiting approval from DFA officials for an intergovernmental agreement with the University of Oklahoma will collect and analyze data to develop a strategic plan to combat the opioid crisis in Arkansas. It is a Dept. of Justice funded program; working with multiple agencies to develop the plan.
- 2. The DFA, through the National Criminal Justice Association, is developing a needs-based-plan on how to spend funds (required by federal partners), which was the basis for the survey emailed previously to council members.
- 3. In response to a council member's question, Hemphill said the recent federal government shutdown has not affected the BYRNE-JAG fund at this point, but could make an impact later in 2019.

#### XI. Director's Update

(Director Kirk Lane discussed the following):

- Reminded council members that financial disclosure forms can be downloaded from the Secretary of State website and file the forms through the Secretary of State.
- > Treatment Updated the council on the status of multiple grants utilization and timeline, and the carry-over of funds.
- There are now 204 DEA waivered prescribers in the state.
- Working on ways to improve the education and utilization, as well as increasing the amount of, Medicated-Assisted Treatment (MAT) for Opioid Addiction programs throughout the state.
- ➤ Updated the council about education efforts provided to physicians and other medical professionals about opioid prevention & treatment, including the educational portal on <a href="www.artakeback.org">www.artakeback.org</a> & the ASAM National Practice Guideline for the Use of Medications in the Treatment of Addiction Involving Opioid Use. Jan Littleton-Caldwell, MidSouth assistant director, also (by Lane's request) further updated the council on the same subject matter.
- Said that DHS Director Cindy Gillespie formed a group who contacted every treatment facility in the state, in which they cataloged their information, including all services they provide. This will be used to launch a call center with AFMC for anyone that contacts DHS seeking treatment information, as well as having follow-up calls.
- Updated the council about law enforcement agencies' positive response to the usage of TruNarc equipment, to safely identify packages with suspected narcotics.

#### (Director's Update continued)

- Working on a program to provide "Naloxone sold here" window stickers to pharmacies throughout the state.
- Through the Naloxone kit programs 187 lives have been saved; working on expanding the program to multiple agencies throughout the state (not just law enforcement).
- ➤ With CJI's assistance, 1,100 Narcan kits have been secured to distribute to school facilities throughout the state.
- Working on creating a public app called Narkansas that provides naloxone training, how to use videos, amount of saves ticker, etc.
- Said the Governor's Office knows the importance of and support the Drug Task Force agencies in the state; Lane is hopeful to update in February council meeting on funding sources for the DTFs beyond the BRYNE-JAG funding, which ends June 30, 2019.

#### XII. Adjournment

The meeting was adjourned upon motion from Chief Mike McCormick.

# THE STATE OF LAKE A

#### STATE OF ARKANSAS

#### OFFICE OF INTERGOVERNMENTAL SERVICES

# **Department of Finance and Administration**

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### **MEMORANDUM**

**To:** Paul Louthian, DFA State Comptroller

Arkansas Alcohol and Drug Abuse Coordinating Council

From: Autumn Hemphill, Assistant Administrator

**Subject:** Special State Asset Forfeiture Fund, Drug Crime Fee Assessment

**Date:** February 10, 2019

Listed below are the cumulative totals for the Special State Asset Forfeiture Fund and the Drug Crime Fee Assessment Fund as of January 31, 2019

Special State Asset Forfeiture Fund (TAF0000 State) \$ 42,265.44

Drug Crime Fee Assessment Fund (SEP0000) \$ 878,235.82 (Available for Future Awards)

DCF expenditures for January 2019 totaled

\$ 4,914.29

#### **Drug Crime Assessment Fee**

	2013	2014	2015	2016	2017	2018	2019
Beginning Balance	3,404,105.11	4,393,265.42	5,506,920.80	6,678,025.79	7,882,329.81	9,113,015.94	10,477,496.59
Month							
July	81,760.89	81,277.56	82,542.84	91,506.06	98,388.03	116,192.90	108,859.16
August	86,667.37	87,049.93	90,492.34	95,495.86	86,970.32	94,506.11	112,295.86
September	85,280.36	86,151.28	84,247.58	89,634.80	96,150.93	108,011.58	105,774.09
October	81,677.58	93,737.74	103,912.16	96,341.09	96,840.96	118,957.54	90,507.23
November	87,979.17	96,442.86	94,779.79	97,582.53	92,032.66	101,619.00	114,943.19
December	84,567.98	69,160.45	80,316.93	84,409.15	93,687.34	96,021.58	100,364.12
January	77,369.45	90,870.01	92,263.73	84,950.68	74,956.24	87,687.13	95,655.58
February	87,873.76	83,017.71	93,982.07	78,101.98	95,267.91	102,473.77	
March	127,442.61	127,464.00	133,314.41	145,784.59	139,174.58	142,417.92	
April	98,383.45	110,506.01	124,311.84	128,911.50	143,636.28	156,510.14	
May	34,894.57	101,115.10	108,349.26	115,664.95	106,599.89	120,841.83	
June	55,263.12	86,862.73	82,592.04	95,920.83	106,980.99	119,241.15	
Fiscal Year Total	989,160.31	1,113,655.38	1,171,104.99	1,204,304.02	1,230,686.13	1,364,480.65	728,399.23
Cumulative Totals	4,393,265.42	5,506,920.80	6,678,025.79	7,882,329.81	9,113,015.94	10,477,496.59	11,205,895.82
Average Monthly Deposits	82,430.03	92,804.62	97,592.08	100,358.67	102,557.18	113,706.72	104,057.03

January 2019						
Total Deposits	95,655.58					
Total DCF	(4,914.29)					
Net Deposit	90,741.29					

### DRUG TASK FORCES (DTF) UTILIZATION REPORT

JAG FY17, State Match, Drug Crime Fund, and Local Match

#### **2018-19 GRANT YEAR**

DTF name	Federal Award	Federal Spent	Federal Award Balance	% utilized	State Match	Spent	State Match Balance	% utilized
1ST DTF	\$79,365.95	\$63,328.33	\$16,037.62	79.79%	\$ 37,890.70	\$37,890.70	\$0.00	100.00%
2nd DTF	\$66,049.77	\$35,149.95	\$30,899.82	53.22%	\$ 31,533.33	\$31,533.33	\$0.00	100.00%
3rd DTF	\$61,364.80	\$7,992.73	\$53,372.07	13.02%	\$ 29,296.64	\$21,221.03	\$8,075.61	<b>72.44</b> %
4th (Fayetteville) DTF 5th DTF	\$91,318.50		\$7,465.60		\$ 43,597.06	\$43,597.06		
	\$71,988.00	. ,	\$1,846.59		\$ 34,373.11	\$34,373.11		100.00%
Searcy (6th) DTF	\$61,787.70	\$35,100.38	\$26,687.32	56.81%	\$ 29,497.50	\$29,497.52	\$0.00	100.00%
Texarkana (7th) DTF	\$72,241.41	\$45,106.90	\$27,134.51	62.44%	\$ 34,489.32	\$33,641.17	\$848.15	
9 East DTF	\$95,886.47	\$46,810.95	\$49,075.52	48.82%	\$ 45,777.89	\$45,777.89	\$0.00	100.00%
9 West DTF	\$79,473.74	\$25,753.09	\$53,720.65	32.40%	\$ 37,942.16	\$37,853.36	\$88.80	99.77%
10th DTF	\$88,473.83	\$51,232.17	\$37,241.66	57.91%	\$ 42,238.97	\$42,238.97	\$0.00	100.00%
11th West DTF	\$62,557.64	\$26,770.10	\$35,787.54	42.79%	\$ 29,866.14	\$29,866.14	\$0.00	100.00%
12th DTF	\$85,405.72	\$60,308.04	\$25,097.68	70.61%	\$ 40,774.20	\$40,774.21	\$0.00	100.00%
13th DTF	\$102,662.25	\$81,074.12	\$21,588.13	78.97%	\$ 49,012.77	\$49,012.77	\$0.00	100.00%
14th DTF	\$83,812.08	\$64,390.24	\$19,421.84	76.83%	\$ 40,013.36	\$40,013.36	\$0.00	100.00%
15th DTF	\$74,524.64	\$18,018.60	\$56,506.04	24.18%	\$ 35,579.38	\$35,579.38	\$0.00	100.00%
16th DTF	\$89,919.27	\$58,765.80	\$31,153.47	65.35%	\$ 42,929.03	\$42,929.04	\$0.00	100.00%
18 East DTF	\$58,547.44	\$47,602.53	\$10,944.91	81.31%	\$ 27,951.58	\$27,951.58	\$0.00	100.00%
18 West DTF	\$48,477.48	\$10,307.20	\$38,170.28	21.26%	\$ 23,144.00	\$23,144.00	\$0.00	100.00%
20th DTF	\$91,202.79	\$56,209.26	\$34,993.53	61.63%	\$ 43,541.83	\$42,581.83	\$960.00	97.80%
TOTALS	\$1,465,059.47	\$887,914.70	\$577,144.77	60.61%	\$699,448.97	\$689,476.45	\$9,972.55	98.57%

Balances as of 02/04/19

#### I. Substance Abuse Block Grant

#### A. Substance Abuse Prevention Block Grant - December 2018

UA Little Rock/MidSOUTH continues to work with the following subcontractors: Arkansas Foundation for Medical Care (AFMC), Arkansas Department of Health, International Surveys Association d.b.a Pride Survey and Arkansas Collegiate Drug Education Committee (ACDEC) as well as the following agencies that hold the Regional Prevention Provider contracts:

Region 1 - Quapaw House, Inc.

Region 2 - North Arkansas Partnership for Health Education

Region 3 - Quapaw House, Inc.

Region 4 - Crowley's Ridge Developmental Council

Region 5 - Harbor House

Region 6 - Conway County Community Service Region 7 - Crowley's Ridge Development Council

Region 8 - St. Vincent CHI

Region 9 - Family Service Agency

Region 10 - Harbor House

Region 11 - Harbor House

Region 12 - Community Empowerment Council

Region 13 - Phoenix Youth and Family Services

RPR Contracts for the 2018-19 fiscal year were approved by the legislature for a July 1, 2018 start date. The contracts for Quapaw House, Inc. (replacing Preferred Family Health) were approved by the Legislature on December 19, 2018. MidSOUTH received notice from DAABHS that they were going to have to de-obligate funds for the 2018-19 Block grant for MidSOUTH. Because of this cut in funds, MidSOUTH had to de-obligate funds for each of the RPPs. MidSOUTH staff have completed the paperwork and informed the RPPs of the cut in funds for this fiscal year.

#### B. Regional Prevention Providers (RPP)

Information Dissemination: 55,544

Education: 1,631

Community Based Process: 1,376

Environmental: 2,276,017

Alternatives: 8

Problem Identification: 4 Section 1926 Tobacco: 0

Total: \$2,334,580

#### Total Participants by Region (CSAP Report)

Region	Number
Region 1 - Decision Point	49,363
Region 2 - North Arkansas Partnership for Health Education	63
Region 3 - Health Resources	303
Region 4 - Crowley's Ridge Development Council	10,732
Region 5 - Harbor House, Inc.	2,215,749
Region 6 - Community Service, Inc.	1,482
Region 7 - Crowley's Ridge Development Council	93
Region 8 - St. Vincent CHI	520
Region 9 - Family Service Agency	277
Region 10 - Harbor House, Inc.	553
Region 11 - Harbor House, Inc.	1,387
Region 12 - Community Empowerment Council, Inc.	417
Region 13 - Phoenix Youth and Family Services	53,641
TOTAL	2,334,580

#### C. Regional Prevention Providers (RPP) Technical Assistance

Darla Kelsay, Chuks Odor, Stephen McElroy, and Rosalie Shahan continue to provide ongoing technical assistance for reports, invoices, budgets, and the WITS system to all RPPs in January.

Some of the specific support provided include the following.

#### D. All Regions

- Forwarded email from NIDA about National Drug and Alcohol Fact Week
- Sent link to Super Bowl Drunk Driving Prevention Campaign Materials
- Forwarded Extreme Youth Summit Flyer
- Forwarded Prevention Works email from SAMHSA
- Forwarded Hazelden Catalog with Prevention Programs
- Sent tentative SYNAR training date
- Sent links to marijuana information
- Prepared PowerPoint for Community Service Speed Sharing

Examples of specific assistance and support provided in January 2019 to each region follows:

#### Region 1

- Provided technical assistance for WITS
- Discussed Quapaw House invoicing

- Reviewed and approved budget revision
- Provided technical assistance about Lead and Seed Training
- Reviewed monthly report and provided feedback

#### Region 2

- Discussed Regional Summit with RPR
- Reviewed monthly report and provided feedback

#### Region 3

- Met with RPR to assist with budget revision
- Followed up regarding SYNAR training
- Followed up regarding Lead and Seed Training
- Reviewed monthly report and provided feedback
- Attended Cleburne County Coalition meeting in Heber Springs, Arkansas

#### Region 4

- Discussed request for RPR to attend CADCA in February
- Provided Tobacco PowerPoints
- Reviewed monthly report and provided feedback (RPR was on FMLA for the month)

#### Region 5

- Sent link to Tobacco 21 and provided Region 2 contact information as a successful resource
- Provided suggestions for Child Abuse Prevention Month billboard and provided approval
- Reviewed and approved Marijuana billboard and Drug ID Display purchase
- Sent Marijuana Talk Kit from Partnership for Drug Free Youth
- Reviewed and approved newsletter
- Reviewed monthly report and provided feedback

#### Region 6

- Followed up on "Fire on the Runway" event to be held March 16, 2019 in Conway
- Contacted RPR for tobacco materials for UA Little Rock
- Reviewed monthly report and provided feedback

#### Region 7

- Provided technical assistance for radio interview to promote Region 7 Workshop
- Requested assistance in finding Drug ID materials
- Participated in Regional Workshop
- Reviewed monthly report and provided feedback

#### Region 8

Discussed Southwest Arkansas Summit and Region Trainings

- Met with Deb Roybal, Vice President, Mission Integration, to discuss CHI St. Vincent RPP contract and staffing
- Followed up with Deb Roybal and sent CSAP/APNA information
- Reviewed monthly report and provided feedback

#### Region 9

- Requested revised November report
- Reviewed monthly report and provided feedback
- Answered questions regarding Hazelden email
- Discussed CJI Prescription Drug Overdose kickoff in Pulaski County
- Discussed Saline County coalition PDO conference

#### Region 10

- Reviewed monthly report and provided feedback
- Reviewed and approved expenses for Southwest Arkansas Summit

#### Region 11

- Reviewed and approved expenses for Southwest Arkansas Summit
- Reviewed monthly report and provided feedback

#### Region 12

- Reviewed and approved budget revision
- Reviewed monthly report and provided feedback
- Encouraged RPR to reach out to Dr. Golden to get UAPB on board for the "Save Our Students" Campaign

#### Region 13

- Reviewed monthly report and provided feedback
- Provided technical assistance for WITS

#### E. Prevention Training

The Seven Strategies for Community Change Workshop was held in Jonesboro on January 14, 2019. Lisa Perry presented and there was one (1) person in attendance. See attachments for evaluation.

The Region 7 *Prevention Empowerment Conference* was held on January 16, 2019 in Marianna. This was a collaboration with the local Task Force. There were 140 people in attendance.

The following trainings are planned:

Date	Training Title	Location
February 12, 2019	Heal a Heart Symposium (Region 9)	Little Rock
February 25, 2019	DFC Grant Application Training:	Jonesboro
	Pulling It All Together (Region 4)	
February 25, 2019	DFC 2019: Changes, Next Steps, and	Jonesboro
	Application	
February 26, 2019	The Nurturing Parenting Program and	Little Rock
	Six Protective Factors (Sharon Long)	
February 26, 2019	The Opioid Crisis and Other Drugs	Little Rock
	Associated with Infectious Disease (Dr.	
	Mike Cima)	
March 13, 2019	SYNAR Training (Darla Kelsay)	Little Rock
March 15, 2019	Region 8 Substance Abuse Prevention	Hot Springs
	Conference	
March 25, 2019	Prevention Ethics (Lisa Perry)	Jonesboro
March 28, 2019	Mental Health First Aid (Tabitha	Jonesboro
	Fondren)	
April 9, 2019	Northwest Arkansas Prevention	Springdale
	Conference (Region 1)	_
June 10, 2019	2019 Arkansas Prevention Summit	Fayetteville
June 12, 2019	Region 5 Prevention Task Force	Fort Smith
	Conference	

MidSOUTH is collaborating with each RPP in their efforts to provide a Task Force driven mini-conference. Four (4) Regions met this mile marker in the Fall and five (5) have scheduled their events to meet this goal in the Spring. The remaining three (3) have been contacted but have not submitted an event at this time. We have been providing recommendations for speakers and providing technical assistance for the conferences.

MidSOUTH participated in a community services speed sharing event at the invitation of Susie Reece. A PowerPoint presentation was created. The event was hosted by the American Foundation for Suicide Prevention, Suicide Prevention Allies, CHI St. Vincent, and Arkansas Children's Hospital. This event was specific to organizations which give back to their community and was not open to the general public.

Technical assistance was provided in January to Sandra Brown, CEO, of Jefferson Comprehensive Care Systems, Inc. to help them locate a substance abuse counselor to meet the qualification of the SAMHSA grant.

In January, MidSOUTH staff met with Cynthia Crone of UAMS. She invited us to become part of the Leadership Team (LT) for their SAMHSA CSAP-funded "Save AR Future" project to prevent substance abuse and HIV among high risk college students ages 18-24,

primarily African American students. UAMS is a grantee for this five-year project. MidSOUTH's role would be as a consultant and subject matter expert. "Save AR Future" plans to facilitate wellness events at twelve (12) colleges with high African American student populations located in all of the five (5) state's health regions (UA Little Rock is one of the schools for the 2020/21 academic year). The plan is to enroll 1,000 high risk students over four years beginning in the fall of 2019. The students will be identified using a modified CDC risk questionnaire. There will be evidence-based, face-to-face HIV prevention sessions and web-based Substance Abuse Prevention modules on tobacco, alcohol/binge drinking, marijuana, other drugs, and respect and consent (sexual content/violence prevention). Enrollees will be asked to complete three SAP modules and choose at least one of the last two. UAMS will provide data collectors to obtain intake and follow-up data, plus the SAP module vendors will provide process and outcomes data for their modules (including student progress and completion).

#### F. Online Substance Abuse Prevention Training

MidSOUTH completed the development of a 12 hour online Substance Abuse Prevention Training. The training consists of six two-hour trainings (alcohol, tobacco, marijuana, prescription drugs, heroin and other drugs, and working with the military). The training was approved by the Division of Aging, Adult and Behavioral Health Services (DAABHS), Prevention Services and Arkansas Foundation for Medical Care (AFMC) and is open to anyone free of charge. Following completion of each segment and passing a test (80%), the participant receives a certificate and two hours of CEUs for each two-hour training. The following are numbers for January 2019:

The following represents the number of completions for each training in the month of

#### December:

Prescription Drug Misuse and Abuse - 10 completions Heroin, Cocaine and Other Drugs - 10 completions Marijuana and Other Drugs - 9 completions Tobacco - 6 completions Alcohol - 5 completions Substance Abuse and the Military - 3 completions

This represents a total of 2,361 (completion of any section) and represents approximately 790 different individuals since the trainings went live on July 25, 2017.

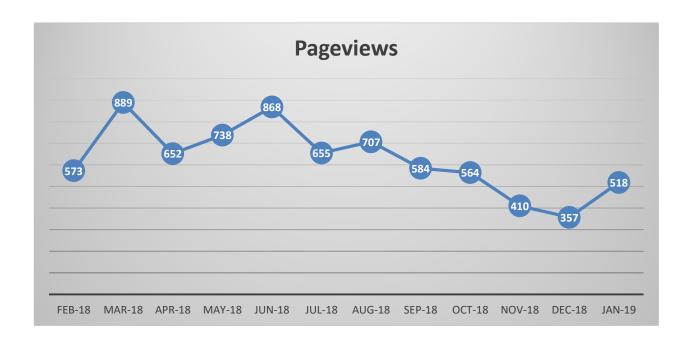
## SEDCAW ACTIVITIES REPORT January 2019

- Internal team meetings were held to discuss the SEDCAW project held on January 7, 2019, January 14, 2019, January 21, 2019, and January 28, 2019.
- Completed data collection and validation for the SEOW and Risk Factors Book. AFMC is currently in the process of creating formatting both books and importing the data.
- Attended the Drug Director meeting on January 17, 2019.
- Attended the AR Discretionary Call on January 22, 2019.
- Held the Quarterly SEOW Meeting on January 31, 2019.

#### DISTRIBUTION OF TOOLS: (1,358)

Requestor	Method of request	Location or organization	Tools requested	Number of tools distributed
LaRita Taylor	Website	The Winston Clinic	E-cigarettes & Vaping Flier	25
Michelle Sisk	Website-DL	Decatur Public School	E-cigarettes & Vaping Fliers Marijuana and Your Teenager Flier	2
Jenny Searcy	Website	Springdale High School	E-cigarettes & Vaping Alcohol-Teen Underage Drinking Flier Drugged Driving Flier	3
Deborah Binns	Website	St. Vincent Family Clinic	E-cigarettes & Vaping	50
Bettye Baxter	Website	Parkview HS	E-cigarettes	50
Kayce Villines	Website	Boston Mountain Rural Health Center	Adult Excessive Drinking Flier	2
Amy Mellick	Website	Community Service Inc.	College Bookmarks Series E-cigarettes & Vaping Flier Marijuana and Your Teenager Teen Smoking Bookmark Series	450
Jeannie Mitchell	Website	AR State University	AR Epidemiological State Profile of Substance 2017 AR State of Well-being 2018 Risk Factors Report 2017 Prenatal Bookmark Series	7
Bobbie Turner	Website	Cleveland, AR	College Bookmark Series	1
Patricia Gibson	Website-DL	AR Health Group	Marijuana and Your Teenager Flier	1
Gail James	Website	CHI St. Vincent Primary Care	Adult Excessive Drinking Flier Teen Underage Drinking Flier Adult excessive drinking infographic flier (English & Spanish)	70
Liz Mercer	Website	AR River Co-OP	AR State of Well-being E-cigarettes & Vaping Flier	51

			College Bookmark Series Marijuana and Your Teenager Flier Suicide & Substance Abuse	
Alisha Howell	Website	UAMS South Magnolia	The Danger of Synthetic Marijuana	67
7 (IISHU FIOWOII	Website	Or IIVIO OOUIT Magriolia	E-cigarettes & Vaping	07
			g	
Nicole White	Website-DL	Satsuma, AL		1
			E-cigarettes & Vaping Flier	
Angela Gram	Website-DL	Brooklyn, NY		1
<u> </u>			E-cigarettes & Vaping Flier	
Charlene Payne	Website-DL	PBSD- Plum, PA		1
			E-cigarettes & Vaping Flier	
Lisa Perry	Website-DL	CRDC		151
•			E-cigarettes & Vaping Flier	
Carla Danalan	\	NADUE	Marijuana and Your Teenager Flier	200
Carla Dunlap	Website	NAPHE	5515 (1) 11 11 11	300
			EPI Profile: Mental Health EPI Profile: Substance Abuse	
Katelynn Priest	Website-DL	Harbor House, Inc.	EPI PIOIIIe: Substance Abuse	101
ratelyiiii i iloot	Woodno BE	Harber Hedesymer	College Bookmarks Series	101
			Prenatal Bookmark Series	
			Teen Drinking Bookmarks Series	
			Teen Marijuana Bookmark Series	
T . C	M/ L 'I D'	AFNAOLOFOLAL	Teen Rx Drug Bookmark Series	,
Tonoka Settles	Website-DL	AFMC/ SEOW	Teen Smoking Bookmark Series	6
			Risk Factors 2018	
Tonoka Settles	Website	AFMC/ SEOW	AR Epidemiological State Profile 2017	18
וטווטגמ אכווועא	AACDOILC	ALIVIOI SLUW	AR State of Well-being 2017	10



Video Views	Jan-19	Total
Addressing the opioid epidemic	16	325
Marijuana in Arkansas	4	21
Opioid Video Infographic for Professionals	2	88

### II. Prescription Drug Overdose Grant

#### DAABH/UALR-MidSOUTH, Prescription Drug Overdose

In the month of January, UA Little Rock/MidSOUTH provided the following services:

- Sent reminders to the PDO Advisory Council for the meeting held January 17, 2019.
- Attended and took minutes for the PDO Advisory Council meeting held January 17, 2019.
- Brainstormed deliverables and carryover funds.
- Researched what other states are doing with PDO grants.
- Met with the Criminal Justice Institute regarding the coordination of their media and the Regional Prevention Providers.
- Monitored and communicated regarding the evaluation contract with the Arkansas Foundation for Medical Care (AFMC), including securing proper invoicing.
- Attended meetings with DAABHS to plan and coordinate activities.

In the month of January, AFMC provided the following services:

- Internal team meetings to discuss the PDO projects were held on January 7, 2019, January 14, 2019, January 21, 2019, and January 28, 2019.
- Submitted Updates on the Naloxone Reporting Tool to DAABHS and CJI on the first of each week.
- Prepared quarterly reports for the PDO Workgroup Meeting.
- Presented at the PDO Workgroup meeting on January 17, 2019.
- Attended the Drug Director meeting on January 17, 2019.
- Attended the AR Discretionary Call on January 22, 2019.
- Prepared the presentation for the February 1, 2019 Boone County Kick-off Meeting.

#### III. <u>State Targeted Response</u>

DAABH/UALR-MidSOUTH, State Targeted Response

#### <u>Arkansas Foundation for Medical Care (AFMC)</u>

- Internal team meetings to discuss the STR project were held on January 7, 2019, January 14, 2019, January 21, 2019, and January 28, 2019.
- Conducted the December Arkansas STR Treatment Center Monthly Report. Five (5) of the eight (8) treatment centers responded. The five (5) that responded were:
  - o Northeast Arkansas Community Center
  - Counseling Associates
  - o Ozark Guidance Counseling
  - o SW Arkansas Counseling and Mental Health Center (SWACMHC)
  - o Harbor House, Inc.
- Attended the Drug Director meeting on January 17, 2019.
- Attended the AR Discretionary Call on January 22, 2019.

#### Peer Recovery Support Specialist Core Training

The next PRSS Core training will be held March 4-8, 2019 at the MidSOUTH Offices in Little Rock. There will be two (2) workshops going on at the same time due to the large amount of applications received. As of January 29, 2019, the two class participants and trainers are as follows:

#### Class One

Trainers: Monte Payne and Bonnie Stribling Attendees were:

- Andy Agar, Criminal Justice Institute
- BJ Brady, Re-Nu Life
- Tonda Bullock
- Casey Copeland, Rock of Hope
- LaQueena Cox, Better Community Developers
- Joseph Cruz, Birch Tree Communities
- Chris Dickie, Natural State Recovery Center
- Jennifer Evans
- Charlie Garner, Better Community Developers
- Copeland Hughes, Natural State Recovery Center
- Jennifer Johnston, Better Community Developers
- Eric Jones, Harbor House
- Christy Kyzer, Freedom House
- David Laser, Harbor House
- Amy Long, Recovery Centers of Arkansas
- Kimberly Maxwell, Exodus Project
- Glenda Nix

- Twana Nixon, Addiction Campuses
- Marc Palmore, Quality Living Center
- Jessica Poore, South AR Substance Abuse
- Kim Sharp, Phoenix Recovery
- Andrea Smith
- Holly Taylor, Better Community Developers
- Joseph Veer
- David Washington, Veterans Administration Healthcare
- Kimberly Willis, Jefferson Comprehensive Counseling
- Kasey Wilson, Harbor House
- George Wirth
- Shalinda Wolbright, NE Arkansas Treatment Services
- Patti Yager, Quality Living Center

#### Class Two

Trainers: Kim Blackshire-Lee and Adam Reynolds Attendees were:

- Yolanda Atkins-Owens, Recovery Centers of Arkansas
- Alvin Beasley
- Debbie Cotton, Jefferson Comprehensive Counseling
- Ivy Crenshaw, Better Community Developers
- Tim Lawson
- Gary McDougal, Jefferson Comprehensive Counseling
- Christie Moring, NE Arkansas Treatment Services
- Amber O'Brien
- Heather Spence
- Melinda Stephens, Harbor House

#### Other Peer Trainings

The following trainings were held:

- Motivational Interviewing: Asking the Right Question with J.G. Regnier, LADAC Wednesday, January 23, 2019
  - Livestream over the internet and at the MidSOUTH Offices, Little Rock There were 251 participants in this workshop.
  - The training got a very good evaluation. See Attachments for evaluation.
- Coaching Workshop: Trauma Informed Care with Montel Payne, Better Community Developers

Friday, February 8, 9:00-11:00 a.m.

Livestream over the internet and at MidSOUTH Offices, Little Rock

 Coaching Workshop: Substance Abuse Treatment: What does it offer with Montel Payne, Better Community Developers
 Friday, February 22, 9:00-11:00 a.m.
 Livestream over the internet and at MidSOUTH Offices, Little Rock

#### **Advanced Peer Training**

The Training of Trainers for the Advanced Peer Training will be April 2-4, 2019 at the MidSOUTH Offices. Ike Powell of Appalachian Consulting Group will be the trainer.

#### **Education and Training**

#### Conference

The dates for the 2019 MidSOUTH Conference are May 6-10, 2019. Onsite training will be May 6-9, 2019 at the Donaghy Student Center on the UA Little Rock campus. The training on May 10, 2019 will be conducted online.

Conference Theme: Partnering in Recovery

Conference Schedule: 31.5 total hours

#### Monday, May 6

7:30-9:30 a.m.—Continental Breakfast

7:30-9:30 a.m.—Exhibit Set-up

7:30-9:30 a.m.—Registration

9:30-10:30 a.m.—Update from Division of Aging, Adult and Behavioral Health Services and Office of the State Drug Director

10:30 a.m.-12:00 p.m.—General Session

12:15-1:15 p.m.—Lunch Lecture

1:30-4:30 p.m.—Breakout session

4:45-6:45 p.m.—Documentary with discussion—Addiction, PBS Nova

#### Tuesday, May 7

7:30-8:30 a.m.—Continental Breakfast

8:30-10:00 a.m.—Breakout session

10:30 a.m.-12:00 p.m.—General Session

12:15-1:15 p.m.—Lunch Lecture

1:30-4:30 p.m.—Breakout session

#### Wednesday, May 8

7:30-8:30 a.m.—Continental Breakfast

8:30-10:00 a.m.—Breakout session

10:30 a.m.-12:00 p.m.—General Session

12:15-1:15 p.m.—Lunch Lecture

1:30-4:30 p.m.—Breakout session

#### Thursday, May 9

7:30-8:30 a.m.—Continental Breakfast 8:30-10:00 a.m.—Breakout session 10:30 a.m.-12:00 p.m.—General Session

#### Friday, May 10

9:00 a.m.-4:00 p.m.—Ethics workshop (onsite at MidSOUTH Offices and online)

#### Speakers:

Mark Sanders, LADAC

- Addressing Trauma Beneath Addiction and Mental Health
- Where Did They Go? 22 Strategies for Engaging Clients in Behavioral Health Treatment
- Good Grief: Helping Clients Cope with Loss

#### Ned Presnall, LCSW, Missouri Opioid STR

• Medication First: Reversing the Opioid Epidemic

#### Robbie Cline, LADAC

Ethical Issues Involving COD Treatment

#### Topics:

- Trauma informed care
- NARCAN training
- Suicide prevention
- Stewards of Children
- Wellness Recovery Action Plan for Peers
- Medication assisted treatment
- Tobacco use prevention
- Using peers in recovery treatment
- Mental health diagnoses training for peers
- Counselor wellness
- Distance Clinical Supervision
- Secondary trauma

#### Refreshments:

- Continental breakfast
- Coffee, tea and water throughout day
- Food trucks for participants for lunch
- Evening refreshments during documentary

#### Credentials:

The following boards will be contacted for this conference:

AR Substance Abuse Certification Board

- AR Board of Examiners for Alcoholism and Drug Abuse Counselors
- AR Board of Examiners in Counseling (Conference hours are accepted by being offered by an Arkansas Institution of Higher Education)
- AR Prevention Certification Board
- National Board of Certified Counselors (Conference hours are accepted by NBCC by adhering to the domain requirements for acceptable education hours.)

#### Registration fees:

One day \$ 80Two day \$145

• 3-4.5 days \$185 Early bird rate

3-4.5 days \$215
Thursday 1/2 day \$40
Friday ethics \$80

#### IV. Prescription Drug Overdose

DAABH/Criminal Justice Institute, Prescription Drug Overdose

#### **NALOXONE**

- Staff worked on revisions to the naloxone distribution plan.
- Developed a letter of agreement to give to agency heads prior to first responder training taking place. This letter will be a promise to submit the policy, medical director MOU, and proof of CPR training in exchange for the officers to receive the training before everything is submitted. They will not be given Narcan kits until the program requirements are met. This will allow us to get a quicker start on the training by not having to wait until the policy and MOU have been approved.

#### Training:

 The CJI Naloxone Administration Online class was held January 6-18, 2019, with the following PDO agencies in attendance:

> Benton Police Department: 5 officers Alma Police Department: 2 officers Crawford County: 1 officer

> > TOTAL: 8

#### **COMMUNITY OUTREACH AND EDUCATION**

#### Boone County:

• Coordinated with Cindy DeWitt, RPR of the Boone County Prevention Coalition to plan the kickoff event in that county for February 1, 2019 from 11:00 a.m. to 1:00 p.m. The targeted audience includes RPRs, treatment centers and communities, hospitals, pharmacies, and law enforcement.

• Continued outreach and coordination with Boone County first responder agencies with respect to obtaining and finalizing their letter of agreement, agency policy, and medical director MOU.

#### Saline County:

- Working with Hayse Miller, the regional prevention representative, to confirm a date for the kickoff in the near future.
- Continued outreach and coordination with Saline County first responder agencies with respect to obtaining and finalizing their letter of agreement, agency policy, and medical director MOU.

#### **Treatment Centers TOT Training Conducted:**

- 1. Wilbur D. Mills Treat Centers (trained)
- 2. Harbor House, Inc. (trained) (Sebastian County)

#### Treatment Centers to be trained:

- 1. Ozark Guidance Counseling (Springdale, Berryville)
- 2. Northeast Arkansas Community Center d/b/a Mid-South Health Systems (Craighead County)
- 3. Southwest Arkansas Counseling and Mental Health Center (SWACMHC) (Serving individuals in Hempstead, Howard, Lafayette, Little River, Miller and Sevier Counties (with limited services in Nevada and Pike Counties).
- V. <u>State Targeted Response to opioid Crisis (STR)</u>
  DAABH/Criminal Justice Institute, State Targeted Response

#### **NALOXONE**

- Staff worked on revisions to the naloxone distribution plan.
- Developed a letter of agreement to give to agency heads prior to first responder training taking place. This letter will be a promise to submit the policy, medical director MOU, and proof of CPR training in exchange for the officers to receive the training before everything is submitted. They will not be given Narcan kits until the program requirements are met. This will allow us to get a quicker start on the training by not having to wait until the policy and MOU have been approved.
- Continued outreach and coordination with Pulaski County first responder agencies with respect to obtaining and finalizing their letter of agreement, agency policy, and medical director MOU.

#### COMMUNITY OUTREACH AND EDUCATION

- Staff met with Tucker Martin, Recovery Centers of Arkansas (RCA) on January 9<sup>th</sup>. RCA expressed an interest in training for the treatment center. Mr. Martin was given three kits with health literary materials that contained a How to Talk to Your Doctor Handbook, Prescription to Addiction pamphlet, OxyContin Abusers Beware pamphlet, Pharmaceutical Abuse or Addition pamphlet, Acryl-Fentanyl pamphlet, Opioids & Pain Management tabs, Don't Run Call 911 bookmark and a sheet with 24 pill bottle stickers to take to his back to his agency director. The director asked to see some of our material prior to scheduling the training.
- Staff managed a PDO booth at the *Rights After Wrongs: A Day of Service, A Lifetime of Change* event on January 19<sup>th</sup> at the Arkansas Workforce Center in Little Rock from 9:00 a.m. to 3:00 p.m. The Rights After Wrongs is a community effort in which a network of attorneys, social service agencies, civic groups, faith-based institutions, public and private entities, and volunteers are coming together in the spirit of service to provide citizens with a variety of needed resources and assistance all under one roof. This one day of service event will provide families, returning citizens and people in transition with the help they need to potentially change their lives. Services offered will include legal aid, job readiness assistance, employment opportunities and more. Health Literacy materials were given to approximately 100 people who stopped by the booth.

#### KICKOFF:

#### Pulaski County:

• Pulaski County Kickoff is scheduled for February 12<sup>th</sup> from 10:00 a.m. - 11:30 a.m. at the Four Points by Sheraton Hotel Midtown Little Rock. The targeted audience includes RPRs, treatment centers and communities, hospitals, pharmacies, law enforcement, faith-based groups, and the general public.

#### Poinsett County:

 Poinsett County Partners for Health met and reviewed calendars. They have requested that the county kickoff meeting be held in early March, 2019 in Trumann.

#### PHARMACY TOURS

 Staff visited 23 pharmacies in Little Rock, North Little Rock, Maumelle and Jacksonville to distribute health literacy materials. Each pharmacy received 25 How to Talk to Your Doctor Handbooks, Pharmaceutical Abuse or Addiction pamphlets, Prescription to Addiction pamphlets, Opioids and Pain Management

tabbed pamphlets (magnets), Acryl-Fentanyl pamphlets, OxyContin pamphlets, 48 pill bottle ARtakeback stickers and 100 Don't Run. Call 911 bookmarks.

#### Pulaski County:

- 1/8/2019 Walmart Bowman Road, Little Rock
   CVS Chenal Parkway, Little Rock
   The Drug Store Rodney Parham, Little Rock
- 1/10/2019 Corner Stone Pharmacy St. Vincent Way, Little Rock
   East End Pharmacy Arch Street Pike, Little Rock
   Family Medical Drug South University, Little Rock
   Fred Pharmacy Arch Street Pike, Little Rock
   Lyon Drug Store Club Manor, Maumelle
   Frensenius Sharkey Drive, Maumelle
- 1/15/2019 Pharmacy Compounding Kanis, Little Rock
   Walmart South Shackleford, Little Rock
- 1/22/2019 Edwards Pharmacy South James Street, Jacksonville
   Fred's Pharmacy West Main Street, Jacksonville
   Walgreen Pharmacy West Main, Jacksonville
   Clinical Specialty Infusions West Main, Jacksonville
   Marshall Pharmacy Marshall Road, Jacksonville
   Walmart John Harden Drive, Jacksonville
   CVS Pharmacy East Kiehl Avenue, Sherwood
   Brian's Pharmacy East Kiehl Avenue, Sherwood
   Express Pharmacy of Sherwood Brockington Road, Sherwood
   Walmart Pharmacy East McCain, North Little Rock
   Walmart Pharmacy Hwy 107, North Little Rock
   Premier RX East Kiehl, Sherwood

#### MEDIA

- 1/23/19 Staff met with Mangan Holcomb and Team SI regarding the upcoming Opioid website and Narkansas app.
- Narkansas App: Team SI has begun constructing the naloxone app. They will also provide the updates and maintenance on the app once it is developed. A preview meeting will be held directly following the Pulaski County kickoff to view the parts of the app that are finished. The following components will be included:
  - Adapt Pharma training video
  - Don't Run, Call 911 video

- Act 1222
- State protocol (standing order)
- Reporting form
- AR Take Back map
- Rolling ticker to track saves
- Treatment Centers map
- Community training piece

#### VI. State Opioid Response (SOR)

DAABH/Criminal Justice Institute, State Opioid Response

#### **NALOXONE**

- Staff worked on revisions to the naloxone distribution plan.
- The Arkansas Community Correction began training on January 28 February 1, 2019. Other training dates are as follows: February 4-8, 2019, February 11-15, 2019 and February 18-22, 2019. Over 200 officers have registered for the training.
- Continued outreach and coordination with state first responder agencies with respect to obtaining and finalizing their letter of agreement, agency policy, and medical director MOU.

#### COMMUNITY OUTREACH AND EDUCATION

#### State Agencies:

- Outreach plan is being determined for training state first responder agencies.
- The Arkansas School Nursing Board (ASNB) authorized school nurses to carry Naloxone. Coordination with ASNB ongoing.
- Drug Take Back: CJI will provide health literacy and other handouts for distribution at each Drug Take Back event around the state for distribution to individuals dropping off medication.

Prevention Services Program Invoice Tracking SFY 2019																	
Grants/Contracts	Contract #	Approved Budget	July	August	September	October	November	December	January	February	March	April	May	June 1-17	June 18-28	June 29-30	Balance
							UALR	MidSOUTH									
SABG	4600037135	\$ 2,840,443.00	\$ 36,215.07	\$ 100,677.50	\$ 141,739.22	\$ 328,534.50	\$ 178,328.64	\$ 184,206.45	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 1,870,741.62
PFS	4600037365	\$ 2,144,986.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 2,144,986.00
PDO Data	4600039293	\$ 99,000.00	\$ 392.99	\$ 426.44	\$ 10,914.68	\$ 786.08	\$ 410.17	\$ 28,996.70	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 57,072.94
PDO TA	4600039293	\$ 25,000.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 25,000.00
PDO yr. 2 carryover	4600039293	\$ 341,255.84	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 341,255.84
STR Training	4600041705	\$ 341,246.00	\$ 2,840.75	\$ 3,353.59	\$ 4,642.85	\$ 16,970.24	\$ 7,998.34	\$ 91,098.67	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 214,341.56
STR Training yr. 1 carryover	4600041705	\$ 341,246.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 341,246.00
SOR	4600041705	\$ 372,293.84	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 372,293.84
							Criminal	Justice Institue									
PDO - Community	4600039885	\$ 599,143.83	\$ 14,572.58	\$ 19,926.44	\$ 27,284.47	\$ 19,621.40	\$ 22,840.48	\$ 26,517.32	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 468,381.14
STR - Community	4600041006	\$ 400,000.00	\$ 17.07	\$ 2,117.42	\$ 13,085.18	\$ 1,940.46	\$ 3,189.77	\$ 10,853.79	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 368,796.31
STR yr. 1 Carryover	4600041006	\$ 400,000.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 400,000.00
SOR	4600041006	\$ 500,000.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 500,000.00
	UAMS																
SOR	4600043603	\$ 406,798.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 406,798.00
Totals		\$ 8,811,412.51	\$ 54,038.46	\$ 126,501.39	\$ 197,666.40	\$ 367,852.68	\$ 212,767.40	\$ 341,672.93	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 7,104,115.25

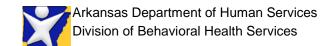
NO INVOICE LATE

# 12/01/2018-12/31/2018 Substance Abuse Treatment Outcomes 10th District Substance Abuse Program dba New Beginnings C.A.S.A. Catchment Area 6

**Counties Served:** Jefferson, Arkansas, Grant, Cleveland, Lincoln, Desha, Drew, Bradley, Ashley, Chicot

### **ADMISSIONS DATA**

Admissions Co	unt			
Adult Admissions	79			
Adolescent Admissions (Under 18)	14			
Total Admissions	93			
Pregnant Admissions (# included in Adult Admissions)	1			
<b>Treatment Admissions Measurements</b>		Count	%	
Without prior substance abuse treatment		52	56%	
Employed at admission (full time and part time)		7	8%	
Educational or skill development program at admission		20	22%	
Homeless at admission		0	0%	
No substance use during month prior to admission (primary pro	blem)	27	29%	
Arrested within the past 30 days prior to admission		4	4%	
Attended social support program (w/ in past 30 days) at admissi	11	12%		
Top primary substance used		Methamphe	etamine	e (25)
Top primary substance used		Methampho Marijuana/I		
Top primary substance used		-	Hashish	
Top primary substance used  Admissions Counts by Ir	nitial Prog	Marijuana/I Alcohol (14)	Hashish	
	nitial Prog	Marijuana/I Alcohol (14)	Hashish	
Admissions Counts by Ir	nitial Prog	Marijuana/l Alcohol (14)	Hashish )	
Admissions Counts by Ir Observational Detox	nitial Prog	Marijuana/l Alcohol (14) ram	Hashish ) 2%	
Admissions Counts by Ir Observational Detox Medical Detox	nitial Prog	Marijuana/I Alcohol (14) ram 2	2% 0%	
Admissions Counts by Ir Observational Detox Medical Detox Residential	nitial Prog	Marijuana/I Alcohol (14) ram 2 0 30	2% 0% 32%	
Admissions Counts by Ir Observational Detox Medical Detox Residential JDC Residential	nitial Prog	Marijuana/I Alcohol (14) ram 2 0 30	2% 0% 32% 0%	
Admissions Counts by Ir Observational Detox Medical Detox Residential JDC Residential Adolescent Residential		Marijuana/I Alcohol (14) ram 2 0 30 0	2% 0% 32% 0% 1%	
Admissions Counts by Ir Observational Detox Medical Detox Residential JDC Residential Adolescent Residential Specialized Women Services (SWS)		Marijuana/I Alcohol (14) ram 2 0 30 0 1	1% 0%	



# 12/01/2018-12/31/2018 Substance Abuse Treatment Outcomes 10th District Substance Abuse Program dba New Beginnings C.A.S.A.

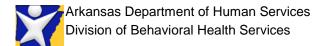
#### **Catchment Area 6**

**Counties Served:** Jefferson, Arkansas, Grant, Cleveland, Lincoln, Desha, Drew, Bradley, Ashley, Chicot

Day Treatment (Partial Day)	0	0%						
Detoxification Admissions Outcomes								
Count of Detox admissions which transitioned to another treatment modality, remained in Detox, or exited from Detox and did not seek further treatment								
Total Detox Admissions	2							
Transitioned to Residential	1	50%						
Transitioned to Outpatient	0	0%						
Transitioned to Day Treatment (Partial Day)	0	0%						
Remained in Detox	0	0%						
Did not seek further treatment exited from Detox	1	50%						
Other	0	0%						

### **DISCHARGE DATA**

Treatment Discharge Measureme	ents		
Total program discharges	55		
Reason for discharge	Count	%	
Completed treatment w/no use	17	31%	
Client died	0	0%	
Client left against professional advice	26	47%	
Discharged for noncompliance with program rules - program decision	6	11%	
Incarcerated	0	0%	
Referred outside this program	1	2%	
Transferred to a non-ADMIS program or facility	0	0%	
Transferred to another program or facility - ADMIS	5	9%	
Treatment completed but still some alcohol and/or drug use	0	0%	
Unknown	0	0%	



12/01/2018-12/31/2018 Substance Abuse Treatment Outcomes

#### 10th District Substance Abuse Program dba New Beginnings C.A.S.A. Catchment Area 6

Counties Served: Jefferson, Arkansas, Grant, Cleveland, Lincoln, Desha, Drew, Bradley, Ashley, Chicot

Total Program Discharges 55	National Outcome Measures for Current Discharges <sup>a</sup>			
	At Admission <sup>b</sup> At Discharge			narge
	Count	%	Count	%
Employed at admission and discharge (full time and part time)	4	7%	4	7%
Educational or skill development program at admission and discharge	10	18%	8	15%
Homeless at admission and discharge	0	0%	3	5%
No drug use during month prior to admission and discharge (primary problem)	12	22%	30	55%
Arrested in the past 30 days prior to admission and discharge	2	4%	0	0%
Attended social support program (w/ in past 30 days) at admission and discharge	7	13%	35	64%

Subcontractor(s) - Southeast Arkansas Behavioral Healthcare, Ozark Mountain Alcohol Residential Treatment, Better Community Development, Inc. and Jefferson Comprehensive Counseling Associates, Quapaw House

<sup>a</sup>National Outcome Measures - A measurement used by Substance Abuse and Mental Health Services Administration (SAMHSA) are composed of domains, outcomes, and measures determine to see whether the expected outcome was achieved.

<sup>b</sup>The Admissions data are for all the current discharges clients.

Source: Alcohol Drug Management Information System (ADMIS)

TP 2/12/2019

#### **DAABHS Substance Abuse Treatment Utilization Report-December 2018**

SAPT Treatment	Budget	Obligation Description	Obligation Amounts	Payments Through December 31, 2018	Utilization Rate
Treatment	11,308,157.50		11,308,157.50	4,675,544.92	30%
	,	Harbor House Inc.	1,209,074.75	861,031.16	51%
		NEARCMHC Mid-South Health Systems	1,769,445.74	537,507.90	30%
		Preferred Family Healthcare Decision Point	140,052.00	140,052.00	100%
		Ozark Guidance Center	1,227,928.97	71,051.75	6%
		Preferred Family Healthcare Health Resources	177,500.00	177,500.00	100%
		Counseling Associates Inc	313,875.14	6,245.00	2%
		Quapaw House Inc.	1,209,074.75	795,357.53	66%
		Recovery Centers of Arkansas	1,209,074.75	776,528.81	64%
		Southwest Ar Counseling & Mental Health	1,032,648.75	380,221.91	37%
		10th District Substance Abuse Program	1,209,074.75	930,048.86	77%
Treatment Other	1,508,471.00		1,248,368.00	539,041.18	29%
		Quapaw House Medical Detox and CORT	1,020,000.00	510,000.00	50%
		UALR Mid-South Center	100,000.00	29,041.18	29%
		UAMS Methadone	100,000.00	-	0%
		Department of Community Corrections	28,368.00	-	0%
Totals	12,942,952.50		#REF!	5,234,667.48	#REF!

#### DAABHS Substance Abuse Treatment Utilization Report--December 2018

DASEP	Budget	Obligation Description	Obligation Amounts	Payments Through December, 2018	Utilization Rate
Programs	2,265,724.80		2,265,724.80	1,051,695.79	36%
		Preferred Family Healthcare Decision Point	45,557.34	45,557.34	100%
		Ozark Guidance Center	291,706.66	58,341.20	20%
		Preferred Family Healthcare Health Resources	47,940.00	47,940.00	100%
		Counseling Associates Inc	63,920.00	5,889.65	9%
		NEARCMHC Mid-South Health Systems	399,245.00	197,192.31	49%
		Western Arkansas Counseling	233,511.00	95,579.24	41%
		Quapaw House, Inc.	352,687.80	195,063.80	55%
		Delta Counseling Associates	222,642.00	104,467.07	47%
		Southwest Ar Counseling	250,000.00	121,865.66	49%
		Family Service Agency	358,515.00	179,799.52	50%
Totals	2,265,724.80		#REF!	#REF!	#REF!

# **Drug and Alcohol Safety Education Program (DASEP) Statewide Services for December 2018**

AREA	Provider	*Screened	total SFY to date	** Educated	total SFY to date	*** <u>Fees</u>	total SFY to date
1	Ozark Guidance Center	316	1,382	86	327	16,400	65,540
2	Counseling Associates	21	84	13	23	1,950	3,450
3	Mid-South Health	178	986	55	945	11,425	99,550
4	W Ark Counseling	76	632	62	265	10,400	51,450
5	Quapaw House	130	823	53	481	7,950	77,650
6	Delta Counseling	98	509	25	160	3,900	69,625
7	SW Ark Counseling	49	459	26	237	4,800	38,525
8	Family Services	167	1055	74	584	11,600	101,875
	statewide Totals:	1035	5930	394	3022	68425	507665

<sup>\*</sup>A Pre-Sentence Screening Report (PSSR) is provided for each individual screened onsite to each of 161 District Courts statewide. A small number of the screenings are provided onsite in Circuit Court.

<sup>\*\*</sup>Those educated this month were screened in prior months/years. 20% (average) of the offenders screened statewide are recommended for Treatment and may seek services outside of DASEP education.

<sup>\*\*\*</sup>Fees are collected by the Providers for enrollment in DASEP education and remitted each month to DHS.

# 12/1/2018-12/31/2018 Substance Abuse Treatment Outcomes HARBOR HOUSE, INC. OF FORT SMITH Catchment Area 4

Counties Served: Crawford, Franklin, Sebastian, Logan, Scott, Polk

### **ADMISSIONS DATA**

Admissions Count						
Adult Admissions	97					
Adolescent Admissions (Under 18)	3					
Total Admissions	100					
Pregnant Admissions (# included in Adult Admissions)	4					
Treatment Admissions Measurements		Count	%			
Without prior substance abuse treatment		75	75%			
Employed at admission (full time and part time)		24	24%			
Educational or skill development program at admission		4	4%			
Homeless at admission		25	25%			
No substance use during month prior to admission (primar	y problem)	15	15%			
Arrested within the past 30 days prior to admission		19	19%			
Attended social support program (w/ in past 30 days) at admission			11%			
Top primary substance used		Alcohol (34)				
			Methamphetamine (34)			
		Marijuana/Hashish (17)				
Admissions Counts	by Initial Prog	ram				
Observational Detox		3	3%			
Medical Detox		0	0%			
Residential		30	30%			
JDC Residential		0	0%			
Adolescent Residential			0%			
Specialized Women Services (SWS)			4%			
Women entering SWS with their children (included in SWS count)			3%			
Outpatient			63%			
JDC Outpatient			0%			
Day Treatment (Partial Day)		0	0%			

### 12/1/2018-12/31/2018 Substance Abuse Treatment Outcomes

### HARBOR HOUSE, INC. OF FORT SMITH Catchment Area 4

Counties Served: Crawford, Franklin, Sebastian, Logan, Scott, Polk

Detoxification Admissions Outcomes						
Count of Detox admissions which transitioned to another treatment modality, remained in Detox, or exited from Detox and did not seek further treatment						
Total Detox Admissions 3						
Transitioned to Residential	3	100%				
Transitioned to Outpatient	0	0%				
Transitioned to Day Treatment (Partial Day)	0	0%				
Remained in Detox	0	0%				
Did not seek further treatment exited from Detox	0	0%				
Other	0	0%				

### **DISCHARGE DATA**

Treatment Discharge Measurements					
Total program discharges	24				
Reason for discharge	Count	%			
Completed treatment w/no use	7	29%			
Client died	0	0%			
Client left against professional advice	14	58%			
Discharged for noncompliance with program rules - program decision	0	0%			
Incarcerated	0	0%			
Referred outside this program	0	0%			
Transferred to a non-ADMIS program or facility	0	0%			
Transferred to another program or facility - ADMIS	0	0%			
Treatment completed but still some alcohol and/or drug use	0	0%			
Unknown	3	13%			

12/1/2018-12/31/2018 Substance Abuse Treatment Outcomes

# HARBOR HOUSE, INC. OF FORT SMITH Catchment Area 4

Counties Served: Crawford, Franklin, Sebastian, Logan, Scott, Polk

Total Program Discharges 24			ome Meas Discharge	
	At Admi	ssion <sup>b</sup>	At Discl	narge
	Count	%	Count	%
Employed at admission and discharge (full time and part time)	3	13%	3	13%
Educational or skill development program at admission and discharge	0	0%	4	17%
Homeless at admission and discharge	10	42%	4	17%
No drug use during month prior to admission and discharge (primary problem)	2	8%	9	38%
Arrested in the past 30 days prior to admission and discharge	3	13%	0	0%
Attended social support program (w/ in past 30 days) at admission and discharge	2	8%	11	46%

Subcontractors - Freedom House (ARVAC)

Source: Alcohol Drug Management Information System (ADMIS)  ${
m TP}\ 2/12/2019$ 

National Outcome Measures - A measurement used by Substance Abuse and Mental Health Services Administration (SAMHSA) are composed of domains, outcomes, and measures determine to see whether the expected outcome was achieved.

The Admissions data are for all the current discharges clients.

#### **Catchment Area 2**

**Counties Served:** Fulton, Independence, Izard, Jackson, Sharp, White, Woodruff

### **ADMISSIONS DATA**

Admissions Count					
Adult Admissions	11				
Adolescent Admissions (Under 18)	0				
Total Admissions	11				
Pregnant Admissions (# included in Adult Admissions)	1				
<b>Treatment Admissions Measurements</b>		Count	%		
Without prior substance abuse treatment		7	64%		
Employed at admission (full time and part time)		3	27%		
Educational or skill development program at admission		0	0%		
Homeless at admission		4	36%		
No substance use during month prior to admission (primar	y problem)	3	27%		
Arrested within the past 30 days prior to admission		2	18%		
Attended social support program (w/ in past 30 days) at admission		4	36%		
Top primary substance used		Methamph	etamin	<u> </u>	
		·····p···		e (5)	
		Marijuana/		, ,	
		•		, ,	
Admissions Counts	s by Initial Prog	Marijuana/ Alcohol (2)		, ,	
Admissions Counts Observational Detox	s by Initial Prog	Marijuana/ Alcohol (2)		, ,	
	s by Initial Prog	Marijuana/ Alcohol (2)	Hashish	, ,	
Observational Detox	s by Initial Prog	Marijuana/ Alcohol (2) ram	Hashish 0%	, ,	
Observational Detox Medical Detox	s by Initial Prog	Marijuana/ Alcohol (2) ram 0	O%	, ,	
Observational Detox  Medical Detox  Residential	s by Initial Prog	Marijuana/ Alcohol (2) ram 0 0	0% 0% 45%	, ,	
Observational Detox  Medical Detox  Residential  JDC Residential	s by Initial Prog	Marijuana/ Alcohol (2) ram 0 0 5	0% 0% 45% 0%	1 (2)	
Observational Detox  Medical Detox  Residential  JDC Residential  Adolescent Residential		Marijuana/ Alcohol (2)  ram  0  0  5  0  0  0	0% 0% 45% 0%	1 (2)	
Observational Detox  Medical Detox  Residential  JDC Residential  Adolescent Residential  Specialized Women Services (SWS)		Marijuana/ Alcohol (2)  ram  0  0  5  0  0  0	0% 0% 45% 0% 0%	1 (2)	

#### **Catchment Area 2**

**Counties Served:** Fulton, Independence, Izard, Jackson, Sharp, White, Woodruff

Day Treatment (Partial Day)	1	9%					
Detoxification Admissions Outcomes							
Count of Detox admissions which transitioned to another treatment modality, remained in Detox, or exited from Detox and did not seek further treatment							
Total Detox Admissions	C						
Transitioned to Residential	C	0					
Transitioned to Outpatient	(	0					
Transitioned to Day Treatment (Partial Day)	(	0					
Remained in Detox	(	0					
Did not seek further treatment exited from Detox	(	0					
Other	(	0					

Treatment Discharge Measurements				
Total program discharges	7			
Reason for discharge	Count	%		
Completed treatment w/no use	3	43%		
Client died	0	0%		
Client left against professional advice	1	14%		
Discharged for noncompliance with program rules - program decision	0	0%		
Incarcerated	0	0%		
Referred outside this program	0	0%		
Transferred to a non-ADMIS program or facility	0	0%		
Transferred to another program or facility - ADMIS	1	14%		
Treatment completed but still some alcohol and/or drug use	0	0%		
Unknown	2	29%		

#### **Catchment Area 2**

**Counties Served:** Fulton, Independence, Izard, Jackson, Sharp, White, Woodruff

Total Program Discharges 7	National Outcome Measure for Current Discharges <sup>a</sup>			
	At Admi	ssion <sup>b</sup>	At Disch	narge
	Count	%	Count	%
Employed at admission and discharge (full time and part time)	0	0%	0	0%
Educational or skill development program at admission and discharge	0	0%	0	0%
Homeless at admission and discharge	4	57%	1	14%
No drug use during month prior to admission and discharge (primary problem)	2	29%	5	71%
Arrested in the past 30 days prior to admission and discharge	2	29%	0	0%
Attended social support program (w/ in past 30 days) at admission and discharge	4	57%	6	86%

Subcontractor(s): Quapaw House, Inc.

Source: Alcohol Drug Management Information System (ADMIS) TP 2/12/2019

<sup>&</sup>lt;sup>a</sup>National Outcome Measures - A measurement used by Substance Abuse and Mental Health Services Administration (SAMHSA) are composed of domains, outcomes, and measures determine to see whether the expected outcome was achieved.

<sup>&</sup>lt;sup>b</sup>The Admissions data are for all the current discharges clients.

**Counties Served:** Randolph, Clay, Greene, Lawrence, Craighead, Poinsett, Mississippi, Cross, Crittenden, St. Francis, Lee, Phillips, Monroe

### **ADMISSIONS DATA**

Admissions Count					
Adult Admissions	59				
Adolescent Admissions (Under 18)	0				
Total Admissions	59				
Pregnant Admissions (# included in Adult Admissions)	0				
<b>Treatment Admissions Measurements</b>		Count	%		
Without prior substance abuse treatment		47	80%		
Employed at admission (full time and part time)		7	12%		
Educational or skill development program at admission		0	0%		
Homeless at admission		6	10%		
No substance use during month prior to admission (prima	ry problem)	3	5%		
Arrested within the past 30 days prior to admission		6	10%		
Attended social support program (w/ in past 30 days) at admission		5	8%		
Top primary substance used		Methamphetamine (29)			
		Alcohol (10)			
		Marijuana/Hashish (7)			
Admissions Counts	by Initial Prog	ram			
Observational Detox		2	3%		
Medical Detox		0	0%		
Residential		35	59%		
JDC Residential		0	0%		
Adolescent Residential		0	0%		
Specialized Women Services (SWS)		0	0%		
Women entering SWS with their children (included	in SWS count)	0	0%		
Outpatient		9	15%		
		· ·			

0%

JDC Outpatient

#### **Catchment Area 3**

**Counties Served:** Randolph, Clay, Greene, Lawrence, Craighead, Poinsett, Mississippi, Cross, Crittenden, St. Francis, Lee, Phillips, Monroe

Day Treatment (Partial Day) 13 22%
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Detoxification Admissions Outcomes						
Count of Detox admissions which transitioned to another treatment modality, remained in Detox, or exited from Detox and did not seek further treatment						
Total Detox Admissions	2					
Transitioned to Residential	2	100%				
Transitioned to Outpatient	0	0%				
Transitioned to Day Treatment (Partial Day)	0	0%				
Remained in Detox	0	0%				
Did not seek further treatment exited from Detox	0	0%				
Other	0	0%				

Treatment Discharge Measurements				
Total program discharges	37			
Reason for discharge	Count	%		
Completed treatment w/no use	22	59%		
Client died	0	0%		
Client left against professional advice	11	30%		
Discharged for noncompliance with program rules - program decision	1	3%		
Incarcerated	0	0%		
Referred outside this program	0	0%		
Transferred to a non-ADMIS program or facility	0	0%		
Transferred to another program or facility - ADMIS	1	3%		
Treatment completed but still some alcohol and/or drug use	2	5%		
Unknown	0	0%		

#### **Catchment Area 3**

**Counties Served:** Randolph, Clay, Greene, Lawrence, Craighead, Poinsett, Mississippi, Cross, Crittenden, St. Francis, Lee, Phillips, Monroe

Total Program Discharges 37			ome Meas Discharge	
	At Admi	ssionb	At Disch	narge
	Count	%	Count	%
Employed at admission and discharge (full time and part time)	3	8%	3	8%
Educational or skill development program at admission and discharge	0	0%	0	0%
Homeless at admission and discharge	4	11%	6	16%
No drug use during month prior to admission and discharge (primary problem)	0	0%	13	35%
Arrested in the past 30 days prior to admission and discharge	3	8%	0	0%
Attended social support program (w/ in past 30 days) at admission and discharge	2	5%	22	59%

Subcontractor - Crowley's Ridge, United Methodist Children's Home, Inc., Quapaw House

Source: Alcohol Drug Management Information System (ADMIS) TP 2/12/2019

<sup>&</sup>lt;sup>a</sup>National Outcome Measures - A measurement used by Substance Abuse and Mental Health Services Administration (SAMHSA) are composed of domains, outcomes, and measures determine to see whether the expected outcome was achieved.

<sup>&</sup>lt;sup>b</sup>The Admissions data are for all the current discharges clients.

# 12/1/2018-12/31/2018 Substance Abuse Treatment Outcomes Ozark Guidance Center, Inc. Catchment Area 1

Counties Served: Benton, Carroll, Washington, Madison

**Admissions Count** 

# **ADMISSIONS DATA**

Adult Admissions	50				
Adolescent Admissions (Under 18)	0				
Total Admissions	50				
Pregnant Admissions (# included in Adult Admissions)	2				
Treatment Admissions Measurements		Count	%		
Without prior substance abuse treatment		48	96%		
Employed at admission (full time and part time)		12	24%		
Educational or skill development program at admission		0	0%		
Homeless at admission		13	26%		
No substance use during month prior to admission (prima	ry problem)	9	18%		
Arrested within the past 30 days prior to admission		0	0%		
Attended social support program (w/ in past 30 days) at ad	lmission	0	0%		
Top primary substance used		Methamphetamine (14)			
		Alcohol (13)			
		Amphetamines (11)			
Admissions Counts	by Initial Prog	ram			
Observational Detox		0	0%		
Medical Detox		0	0%		
Residential		15	30%		
JDC Residential		0	0%		
Adolescent Residential		0	0%		
Specialized Women Services (SWS)		0	0%		
Women entering SWS with their children (included in SWS count)		0	0%		
Outpatient		35	70%		
JDC Outpatient		0	0%		
Day Treatment (Partial Day)		0	0%		

12/1/2018-12/31/2018 Substance Abuse Treatment Outcomes

#### Ozark Guidance Center, Inc. Catchment Area 1

Counties Served: Benton, Carroll, Washington, Madison

Detoxification Admissions Outcomes					
Count of Detox admissions which transitioned to another treatment modality, remained in Detox, or exited from Detox and did not seek further treatment					
Total Detox Admissions	0				
Transitioned to Residential	0	0			
Transitioned to Outpatient	0	0			
Transitioned to Day Treatment (Partial Day)	0	0			
Remained in Detox	0	0			
Did not seek further treatment exited from Detox	0	0			
Other	0	0			

Treatment Discharge Measurements			
Total program discharges	23		
Reason for discharge	Count	%	
Completed treatment w/no use	10	43%	
Client died	0	0%	
Client left against professional advice	5	22%	
Discharged for noncompliance with program rules - program decision	0	0%	
Incarcerated	0	0%	
Referred outside this program	5	22%	
Transferred to a non-ADMIS program or facility	0	0%	
Transferred to another program or facility - ADMIS	3	13%	
Treatment completed but still some alcohol and/or drug use	0	0%	
Unknown	0	0%	

#### 12/1/2018-12/31/2018 Substance Abuse Treatment Outcomes

#### Ozark Guidance Center, Inc. Catchment Area 1

Counties Served: Benton, Carroll, Washington, Madison

Total Program Discharges 23	National Outcome Measures for Current Discharges <sup>a</sup>			
	At Admi	ssion <sup>b</sup>	At Disch	narge
	Count	%	Count	%
Employed at admission and discharge (full time and part time)	1	4%	1	4%
Educational or skill development program at admission and discharge	0	0%	0	0%
Homeless at admission and discharge	6	26%	4	17%
No drug use during month prior to admission and discharge (primary problem)	0	0%	10	43%
Arrested in the past 30 days prior to admission and discharge	0	0%	0	0%
Attended social support program (w/ in past 30 days) at admission and discharge	0	0%	10	43%

Subcontractor(s): Harbor House, Inc., Quapaw House, Inc., Recovery Centers of Arkansas, United Methodist Children's Home, Inc.

bThe Admissions data are for all the current discharges clients.

Source: Alcohol Drug Management Information System (ADMIS) TP 2/12/2019

<sup>&</sup>lt;sup>a</sup>National Outcome Measures - A measurement used by Substance Abuse and Mental Health Services Administration (SAMHSA) are composed of domains, outcomes, and measures determine to see whether the expected outcome was achieved.

# 12/1/2018-12/31/2018 Substance Abuse Treatment Outcomes Ozark Guidance Center Catchment Area 2

Counties Served: Baxter, Boone, Marion, Newton

## **ADMISSIONS DATA**

ADMIOSIONO DATA					
Admissions Count					
Adult Admissions	3				
Adolescent Admissions (Under 18)	0				
Total Admissions	3				
Pregnant Admissions (# included in Adult Admissions)	0				
<b>Treatment Admissions Measurements</b>		Count	%		
Without prior substance abuse treatment		1	33%		
Employed at admission (full time and part time)		0	0%		
Educational or skill development program at admission		0	0%		
Homeless at admission		2	67%		
No substance use during month prior to admission (primary problem)		0	0%		
Arrested within the past 30 days prior to admission		0	0%		
Attended social support program (w/ in past 30 days) at admission		1	33%		
Top primary substance used		Methamphetamine (2)			
		Heroin (1)			
Admissions Counts	by Initial Prog	ram			
Observational Detox		0	0%		
Medical Detox		0	0%		
Residential		2	67%		
JDC Residential		0	0%		
Adolescent Residential		0	0%		
Specialized Women Services (SWS)		0	0%		
Women entering SWS with their children (included	in SWS count)	0	0%		
Outpatient		1	33%		
JDC Outpatient		0	0%		

0%

Day Treatment (Partial Day)

### 12/1/2018-12/31/2018 Substance Abuse Treatment Outcomes

#### Ozark Guidance Center Catchment Area 2

Counties Served: Baxter, Boone, Marion, Newton

Detoxification Admissions Outcomes					
Count of Detox admissions which transitioned to another treatment modality, remained in Detox, or exited from Detox and did not seek further treatment					
Total Detox Admissions	0				
Transitioned to Residential	0	0			
Transitioned to Outpatient	0	0			
Transitioned to Day Treatment (Partial Day)	0	0			
Remained in Detox	0	0			
Did not seek further treatment exited from Detox	0	0			
Other	0	0			

Treatment Discharge Measurements				
Total program discharges	2			
Reason for discharge	Count	%		
Completed treatment w/no use	1	50%		
Client died	0	0%		
Client left against professional advice	1	50%		
Discharged for noncompliance with program rules - program decision	0	0%		
Incarcerated	0	0%		
Referred outside this program	0	0%		
Transferred to a non-ADMIS program or facility	0	0%		
Transferred to another program or facility - ADMIS	0	0%		
Treatment completed but still some alcohol and/or drug use	0	0%		
Unknown	0	0%		

#### 12/1/2018-12/31/2018 Substance Abuse Treatment Outcomes

#### Ozark Guidance Center Catchment Area 2

Counties Served: Baxter, Boone, Marion, Newton

Total Program Discharges 2	National Outcome Measures for Current Discharges <sup>a</sup>			
	At Admission <sup>b</sup> At Disc		At Discl	narge
	Count	%	Count	%
Employed at admission and discharge (full time and part time)	0	0%	0	0%
Educational or skill development program at admission and discharge	0	0%	0	0%
Homeless at admission and discharge	2	100%	1	50%
No drug use during month prior to admission and discharge (primary problem)	0	0%	1	50%
Arrested in the past 30 days prior to admission and discharge	0	0%	0	0%
Attended social support program (w/ in past 30 days) at admission and discharge	1	50%	2	100%

Subcontractor(s): Harbor House, Inc., Recovery Centers of Arkansas, United Methodist Children's Home, Quapaw House, Inc.

Source: Alcohol Drug Management Information System (ADMIS) TP 2/12/2019

<sup>&</sup>lt;sup>a</sup>National Outcome Measures - A measurement used by Substance Abuse and Mental Health Services Administration (SAMHSA) are composed of domains, outcomes, and measures determine to see whether the expected outcome was achieved.

<sup>&</sup>lt;sup>b</sup>The Admissions data are for all the current discharges clients.

Program

### **ADMISSIONS DATA**

ADMISSIONS DATA						
Admissions Count						
Adult Admissions	65					
Adolescent Admissions (Under 18)	0					
Total Admissions	65					
Pregnant Admissions (# included in Adult Admissions)	0					
Treatment Admissions Measurements		Count	%			
Without prior substance abuse treatment		47	72%			
Employed at admission (full time and part time)		8	12%			
Educational or skill development program at admission		0	0%			
Homeless at admission		13	20%			
No substance use during month prior to admission (primary problem)		2	3%			
Arrested within the past 30 days prior to admission		3	5%			
Attended social support program (w/ in past 30 days) at admission		10	15%			
Top primary substance used		Alcohol (27)				
		Methamphetamine (9)				
		Other Opiat	tes & Sy	nths (9)		
Admissions Counts	by Initial Prog	ram				
Observational Detox		0	0%			
Medical Detox		50	77%			
Residential		15	23%			
JDC Residential		0	0%			
Adolescent Residential		0	0%			
Specialized Women Services (SWS)		0	0%			
Women entering SWS with their children (included	in SWS count)	0	0%			
Outpatient		0	0%			
Outpatient  JDC Outpatient			0% 0%			

0

0%

Day Treatment (Partial Day)

# 12/1/2018-12/31/2018 Substance Abuse Treatment Outcomes QUAPAW HOUSE, INC. – Medical Detox and CORT Residential Program

Detoxification Admissions Outcomes					
Count of Detox admissions which transitioned to another treatment modality, remained in Detox, or exited from Detox and did not seek further treatment					
Total Detox Admissions	50				
Transitioned to Residential	24	48%			
Transitioned to Outpatient	1	2%			
Transitioned to Day Treatment (Partial Day)	0	0%			
Remained in Detox	0	0%			
Did not seek further treatment exited from Detox	25	50%			
Other	0	0%			

Treatment Discharge Measurements				
Total program discharges	65			
Reason for discharge	Count	%		
Completed treatment w/no use	30	46%		
Client died	0	0%		
Client left against professional advice	3	5%		
Discharged for noncompliance with program rules - program decision	0	0%		
Incarcerated	0	0%		
Referred outside this program	3	5%		
Transferred to a non-ADMIS program or facility	3	5%		
Transferred to another program or facility - ADMIS	25	38%		
Treatment completed but still some alcohol and/or drug use	0	0%		
Unknown	1	2%		

# 12/1/2018-12/31/2018 Substance Abuse Treatment Outcomes QUAPAW HOUSE, INC. – Medical Detox and CORT Residential Program

Total Program Discharges 65	National Outcome Measures for Current Discharges <sup>a</sup>			
	At Admi	ssion <sup>b</sup>	At Disch	narge
	Count	%	Count	%
Employed at admission and discharge (full time and part time)	8	12%	8	12%
Educational or skill development program at admission and discharge	0	0%	0	0%
Homeless at admission and discharge	13	20%	9	14%
No drug use during month prior to admission and discharge (primary problem)	2	3%	14	22%
Arrested in the past 30 days prior to admission and discharge	3	5%	0	0%
Attended social support program (w/ in past 30 days) at admission and discharge	10	15%	4	6%

<sup>&</sup>lt;sup>a</sup>National Outcome Measures - A measurement used by Substance Abuse and Mental Health Services Administration (SAMHSA) are composed of domains, outcomes, and measures determine to see whether the expected outcome was achieved.

Source: Alcohol Drug Management Information System (ADMIS) TP 2/12/2019

<sup>&</sup>lt;sup>b</sup>The Admissions data are for all the current discharges clients.

# 12/1/2018-12/31/2018 Substance Abuse Treatment Outcomes QUAPAW HOUSE, INC Catchment Area 5

**Admissions Count** 

**Counties Served:** Johnson, Pope, Yell, Conway, Faulkner, Perry, Montgomery, Garland, Pike, Clark, Hot Spring

## **ADMISSIONS DATA**

Adillissic	ins count			
Adult Admissions	79			
Adolescent Admissions (Under 18)	2			
Total Admissions	81			
Pregnant Admissions (# included in Adult Admissions)	0			
<b>Treatment Admissions Measurements</b>		Count	%	
Without prior substance abuse treatment		37	46%	
Employed at admission (full time and part time)		5	6%	
Educational or skill development program at admission		3	4%	
Homeless at admission		25	31%	
No substance use during month prior to admission (primar	y problem)	21	26%	
Arrested within the past 30 days prior to admission		8	10%	
Attended social support program (w/ in past 30 days) at ac	lmission	19	23%	
Top primary substance used		Methamph	etamine	e (41)
		Alcohol (17)		
		Marijuana/I	Hashish	(9)
Admissions Counts	by Initial Prog	ram		
Observational Detox		0	0%	
Medical Detox		0	0%	
Residential		51	63%	
JDC Residential		0	0%	
Adolescent Residential		0	0%	
Specialized Women Services (SWS)		1	1%	
Women entering SWS with their children (included	in SWS count)	0	0%	
Outpatient		9	11%	
JDC Outpatient		2	2%	
Day Treatment (Partial Day)		18	22%	

# 12/1/2018-12/31/2018 Substance Abuse Treatment Outcomes QUAPAW HOUSE, INC

#### QUAPAW HOUSE, INC Catchment Area 5

**Counties Served:** Johnson, Pope, Yell, Conway, Faulkner, Perry, Montgomery, Garland, Pike, Clark, Hot Spring

Detoxification Admissions Outcomes					
Count of Detox admissions which transitioned to another treatment modality, remained in Detox, or exited from Detox and did not seek further treatment					
Total Detox Admissions	0				
Transitioned to Residential	0	0			
Transitioned to Outpatient	0	0			
Transitioned to Day Treatment (Partial Day)	0	0			
Remained in Detox	0	0			
Did not seek further treatment exited from Detox	0	0			
Other	0	0			

Treatment Discharge Measurements				
Total program discharges	56			
Reason for discharge	Count	%		
Completed treatment w/no use	24	43%		
Client died	0	0%		
Client left against professional advice	10	18%		
Discharged for noncompliance with program rules - program decision	4	7%		
Incarcerated	0	0%		
Referred outside this program	2	4%		
Transferred to a non-ADMIS program or facility	1	2%		
Transferred to another program or facility - ADMIS	3	5%		
Treatment completed but still some alcohol and/or drug use	0	0%		
Unknown	12	21%		

### 12/1/2018-12/31/2018 Substance Abuse Treatment Outcomes

# QUAPAW HOUSE, INC Catchment Area 5

**Counties Served:** Johnson, Pope, Yell, Conway, Faulkner, Perry, Montgomery, Garland, Pike, Clark, Hot Spring

Total Program Discharges 56	National Outcome Measures for Current Discharges <sup>a</sup>			
	At Admi	At Admission <sup>b</sup>		narge
	Count	%	Count	%
Employed at admission and discharge (full time and part time)	4	7%	4	7%
Educational or skill development program at admission and discharge	0	0%	0	0%
Homeless at admission and discharge	16	29%	5	9%
No drug use during month prior to admission and discharge (primary problem)	5	9%	24	43%
Arrested in the past 30 days prior to admission and discharge	5	9%	0	0%
Attended social support program (w/ in past 30 days) at admission and discharge	6	11%	30	54%

Subcontractors - Counseling Associates, Inc.

<sup>a</sup>National Outcome Measures - A measurement used by Substance Abuse and Mental Health Services Administration (SAMHSA) are composed of domains, outcomes, and measures determine to see whether the expected outcome was achieved.

<sup>b</sup>The Admissions data are for all the current discharges clients.

Source: Alcohol Drug Management Information System (ADMIS) TP 2/12/2019

#### 12/1/2018-12/31/2018 Substance Abuse Treatment Outcomes **RECOVERY CENTERS OF AR**

#### **Catchment Area 8**

Counties Served: Saline, Pulaski, Lonoke, Prairie

**Admissions Count** 

## **ADMISSIONS DATA**

Adult Admissions	64				
Adolescent Admissions (Under 18)	0				
Total Admissions	64				
Pregnant Admissions (# included in Adult Admissions)	2				
<b>Treatment Admissions Measurements</b>		Count	%		
Without prior substance abuse treatment		49	77%		
Employed at admission (full time and part time)		1	2%		
Educational or skill development program at admission		0	0%		
Homeless at admission		9	14%		
No substance use during month prior to admission (primar	y problem)	11	17%		
Arrested within the past 30 days prior to admission		7	11%		
Attended social support program (w/ in past 30 days) at ac	lmission	12	19%		
Top primary substance used		Methamphetamine (22)			
		Alcohol (19)			
		Crack Cocai	ne (8)		
Admissions Counts	by Initial Prog	ram			
Observational Detox		0	0%		
Medical Detox		0	0%		
Residential		40	63%		
JDC Residential		0	0%		
Adolescent Residential		0	0%		
Specialized Women Services (SWS)		3	5%		
Women entering SWS with their children (included	Women entering SWS with their children (included in SWS count)		0%		
Outpatient	Outpatient		33%		
JDC Outpatient		0	0%		
Day Treatment (Partial Day)		0	0%		

#### 12/1/2018-12/31/2018 Substance Abuse Treatment Outcomes **RECOVERY CENTERS OF AR**

### Catchment Area 8

Counties Served: Saline, Pulaski, Lonoke, Prairie

Detoxification Admissions Outcomes						
Count of Detox admissions which transitioned to another treatment modality, remained in Detox, or exited from Detox and did not seek further treatment						
Total Detox Admissions	0					
Transitioned to Residential	0	0				
Transitioned to Outpatient	0	0				
Transitioned to Day Treatment (Partial Day)	0	0				
Remained in Detox	0	0				
Did not seek further treatment exited from Detox	0	0				
Other	0	0				

Treatment Discharge Measurements				
Total program discharges	36			
Reason for discharge	Count	%		
Completed treatment w/no use	16	44%		
Client died	0	0%		
Client left against professional advice	9	25%		
Discharged for noncompliance with program rules - program decision	8	22%		
Incarcerated	2	6%		
Referred outside this program	0	0%		
Transferred to a non-ADMIS program or facility	0	0%		
Transferred to another program or facility - ADMIS	1	3%		
Treatment completed but still some alcohol and/or drug use	0	0%		
Unknown	0	0%		

### 12/1/2018-12/31/2018 Substance Abuse Treatment Outcomes

#### RECOVERY CENTERS OF AR Catchment Area 8

Counties Served: Saline, Pulaski, Lonoke, Prairie

Total Program Discharges 36	National Outcome Measures for Current Discharges <sup>a</sup>			
	At Admission <sup>b</sup>		At Disch	narge
	Count	%	Count	%
Employed at admission and discharge (full time and part time)	1	3%	1	3%
Educational or skill development program at admission and discharge	0	0%	0	0%
Homeless at admission and discharge	2	6%	6	17%
No drug use during month prior to admission and discharge (primary problem)	4	11%	17	47%
Arrested in the past 30 days prior to admission and discharge	4	11%	0	0%
Attended social support program (w/ in past 30 days) at admission and discharge	6	17%	27	75%

Subcontractors - Family Service Agency, Better Community Developers, Counseling Clinic, Quality Living Center, United Methodist Children's Home

<sup>&</sup>lt;sup>a</sup>National Outcome Measures - A measurement used by Substance Abuse and Mental Health Services Administration (SAMHSA) are composed of domains, outcomes, and measures determine to see whether the expected outcome was achieved.

**Admissions Count** 

# **ADMISSIONS DATA**

Admission	iis count			
Adult Admissions	503			
Adolescent Admissions (Under 18)	21			
Total Admissions	524			
Pregnant Admissions (# included in Adult Admissions)	10			
Treatment Admissions Measurements		Count	%	
Without prior substance abuse treatment		366	70%	
Employed at admission (full time and part time)		72	14%	
Educational or skill development program at admission		29	6%	
Homeless at admission		86	16%	
No substance use during month prior to admission (primar	y problem)	93	18%	
Arrested within the past 30 days prior to admission		51	10%	
Attended social support program (w/ in past 30 days) at ac	dmission	73	14%	
Top primary substance used		Methamphetamine (180)		
		Alcohol (132)		
		Marijuana/	Hashish	(78)
Admissions Counts	by Initial Prog	ram		
Observational Detox		7	1%	
Medical Detox		50	10%	
Residential		217	41%	
JDC Residential		0	0%	
Adolescent Residential		1	0%	
Specialized Women Services (SWS)	Specialized Women Services (SWS)		2%	
Women entering SWS with their children (included in SWS count)		3	1%	
Outpatient		205	39%	
JDC Outpatient		5	1%	
Day Treatment (Partial Day)		31	6%	

Detoxification Admissions Outcomes						
Count of Detox admissions which transitioned to another treatment modality, remained in Detox, or exited from Detox and did not seek further treatment						
Total Detox Admissions	57					
Transitioned to Residential	30	53%				
Transitioned to Outpatient	1	2%				
Transitioned to Day Treatment (Partial Day)	0	0%				
Remained in Detox	0	0%				
Did not seek further treatment exited from Detox	26	46%				
Other	0	0%				

Treatment Discharge Measurements				
Total program discharges	286			
Reason for discharge	Count	%		
Completed treatment w/no use	120	42%		
Client died	0	0%		
Client left against professional advice	78	27%		
Discharged for noncompliance with program rules - program decision	21	7%		
Incarcerated	2	1%		
Referred outside this program	8	3%		
Transferred to a non-ADMIS program or facility	4	1%		
Transferred to another program or facility - ADMIS	38	13%		
Treatment completed but still some alcohol and/or drug use	2	1%		
Unknown	13	5%		

Total Program Discharges 286	National Outcome Measure for Current Discharges <sup>a</sup>			
	At Admi	ssion <sup>b</sup>	At Disch	narge
	Count	%	Count	%
Employed at admission and discharge (full time and part time)	25	9%	25	9%
Educational or skill development program at admission and discharge	10	3%	12	4%
Homeless at admission and discharge	49	17%	37	13%
No drug use during month prior to admission and discharge (primary problem)	24	8%	108	38%
Arrested in the past 30 days prior to admission and discharge	22	8%	0	0%
Attended social support program (w/ in past 30 days) at admission and discharge	35	12%	136	48%

#### Catchment Areas are as follows:

Catchment Area 1: Ozark Guidance Center, Catchment Area 2: Ozark Guidance Center, Counseling Associates, Northeast Arkansas Community Mental Health Center DBA Mid-South Health Systems, Catchment Area 3: Northeast Arkansas Community Mental Health Center DBA Mid-South Health Systems, Catchment Area 5: Quapaw House, Catchment Area 6, 10<sup>th</sup> District DBA New Beginnings, Catchment Area 7: Southwest Arkansas Counseling and Mental Health Center, Catchment Area 8 Recovery Centers Arkansas

#### Subcontractors serve catchment areas as follows:

Area 1 – Harbor House, Inc., Quapaw House, Inc., Recovery Centers of Arkansas, United Methodist Children's Home, Area 2 – Quapaw House, Inc. Harbor House, Inc., Recovery Centers of Arkansas, United Methodist Children's Home, Area 3 – Crowley's Ridge, Quapaw House, United Methodist Children's Home, Little Rock Adolescent Center, Area 4 – ARVAC, Area 5 – Counseling Associates, Area 6 – Jefferson Comprehensive Counseling Associates, Better Community Development, Quapaw House, Southeast Arkansas Behavioral Healthcare, Health Resources of Arkansas, Area 7 – United Methodist Children's Home, 10<sup>th</sup> District Substance Abuse Treatment Center, Harbor House, Quapaw House, Area 8 – Better Community Development, Counseling Clinic, Family Service Agency, Quality Living Center, United Methodist Children's Home

National Outcome Measures - A measurement used by Substance Abuse and Mental Health Services Administration (SAMHSA) are composed of domains, outcomes, and measures determine to see whether the expected outcome was achieved.

<sup>b</sup>The Admissions data are all the current discharges clients.

Client counts are unduplicated across funded providers in the statewide report. Client counts are not unduplicated across funded providers in the provider reports. If a client was admitted to two different providers during the reporting period, the client was counted in each provider level report but only once on the statewide report.

Source: Alcohol Drug Management Information System ADMIS TP 2/12/2019

# 12/1/2018-12/31/2018 Substance Abuse Treatment Outcomes SOUTHWEST ARKANSAS COUNSELING AND MENTAL HEALTH CENTER

#### **Catchment Area 7**

**Counties Served**: Calhoun, Columbia, Dallas, Hempstead, Howard, Calhoun, Columbia, Dallas, Hempstead, Howard, Lafayette, Little River, Miller, Nevada, Ouachita, Sevier, Union

### **ADMISSIONS DATA**

Admissions Count						
Adult Admissions	25					
Adolescent Admissions (Under 18)	2					
Total Admissions	27					
Pregnant Admissions (# included in Adult Admissions)	0					
<b>Treatment Admissions Measurements</b>		Count	%			
Without prior substance abuse treatment		20	74%			
Employed at admission (full time and part time)		5	19%			
Educational or skill development program at admission		2	7%			
Homeless at admission		0	0%			
No substance use during month prior to admission (primary problem)		5	19%			
Arrested within the past 30 days prior to admission		2	7%			
Attended social support program (w/ in past 30 days) at admission		3	11%			
Top primary substance used		Marijuana/Hashish (9)				
		Methamphetamine (7)				
		Amphetam	ines (4)			
Admissions Counts	s by Initial Prog	ram				
Observational Detox		0	0%			
Medical Detox		0	0%			
Residential		14	52%			
JDC Residential		0	0%			
Adolescent Residential	_	0	0%			
Specialized Women Services (SWS)	_	0	0%			

0

11

0%

41%

Women entering SWS with their children (included in SWS count)

Outpatient

# 12/1/2018-12/31/2018 Substance Abuse Treatment Outcomes SOUTHWEST ARKANSAS COUNSELING AND MENTAL HEALTH CENTER

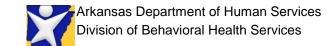
#### **Catchment Area 7**

**Counties Served**: Calhoun, Columbia, Dallas, Hempstead, Howard, Calhoun, Columbia, Dallas, Hempstead, Howard, Lafayette, Little River, Miller, Nevada, Ouachita, Sevier, Union

JDC Outpatient	2	7%	
Day Treatment (Partial Day)	0	0%	

Detoxification Admissions Outcomes						
Count of Detox admissions which transitioned to another treatment modality, remained in Detox, or exited from Detox and did not seek further treatment						
Total Detox Admissions	0					
Transitioned to Residential	0	0				
Transitioned to Outpatient	0	0				
Transitioned to Day Treatment (Partial Day)	0	0				
Remained in Detox	0	0				
Did not seek further treatment exited from Detox	0	0				
Other	0	0				

Treatment Discharge Measurements					
Total program discharges	6				
Reason for discharge	Count	%			
Completed treatment w/no use	2	33%			
Client died	0	0%			
Client left against professional advice	1	17%			
Discharged for noncompliance with program rules - program decision	2	33%			
Incarcerated	0	0%			
Referred outside this program	0	0%			
Transferred to a non-ADMIS program or facility	1	17%			
Transferred to another program or facility - ADMIS	0	0%			
Treatment completed but still some alcohol and/or drug use	0	0%			
Unknown	0	0%			



# 12/1/2018-12/31/2018 Substance Abuse Treatment Outcomes SOUTHWEST ARKANSAS COUNSELING AND MENTAL HEALTH CENTER

#### **Catchment Area 7**

**Counties Served**: Calhoun, Columbia, Dallas, Hempstead, Howard, Calhoun, Columbia, Dallas, Hempstead, Howard, Lafayette, Little River, Miller, Nevada, Ouachita, Sevier, Union

Total Program Discharges 6	National Outcome Measures for Current Discharges <sup>a</sup>			
	At Admission <sup>b</sup>		At Discharge	
	Count	%	Count	%
Employed at admission and discharge (full time and part time)	1	17%	1	17%
Educational or skill development program at admission and discharge	0	0%	0	0%
Homeless at admission and discharge	0	0%	0	0%
No drug use during month prior to admission and discharge (primary problem)	0	0%	1	17%
Arrested in the past 30 days prior to admission and discharge	0	0%	0	0%
Attended social support program (w/ in past 30 days) at admission and discharge	0	0%	3	50%

Subcontractors - Quapaw House, Harbor House, United Methodist Children's Home, and 10<sup>th</sup> District Substance Abuse Program dba New Beginnings C.A.S.A.

<sup>a</sup>National Outcome Measures - A measurement used by Substance Abuse and Mental Health Services Administration (SAMHSA) are composed of domains, outcomes, and measures determine to see whether the expected outcome was achieved.

<sup>b</sup>The Admissions data are all the current discharges clients.

Source: Alcohol Drug Management Information System ADMIS TP 2/12/2019

#### UA Little Rock/MidSOUTH Regional Prevention Providers Report Summary December 2018

#### **REGION 1**

#### **Regional Prevention Advocacy Council**

The Regional Task Force membership list has been updated with accompanying sectors as represented by the Regional Task Force membership serving Region 1. The missing sectors will be filled following discussion with the Regional Task Force and potential members.

The RPP staff met with the Region 1 Regional Task Force on Wednesday, December 5, 2018 in Springdale. All four counties have representation to date. The RPRs led the meeting and reviewed Arkansas Prevention Needs Assessment Survey Data (2017 results) with the Task Force. Lengthy discussion followed on the focus areas for this year's conference, potential keynote speakers and session presenters, conference schedule (times, refreshments/lunch, etc.) and potential sponsors to assist with conference costs. The Task Force determined, in collaboration with the Jones Center, that the 2<sup>nd</sup> Northwest Arkansas Drug Prevention Conference will be held on Tuesday, April 9, 2019 at the Jones Center in Springdale. More than twenty (20) exhibitors will be invited and encouraged to participate. The next Regional Task Force meeting will be held on Tuesday, January 8, 2019 in Springdale.

#### **Training/Presentations/Media/Technical Assistance**

Region 1 RPP has identified 12 Awareness Months for SFY'19 as part of our overall prevention marketing plan. Each month of the calendar year will feature a highlighted substance abuse prevention awareness focus to which will be tied media campaigns, region-wide behavioral health projects, coalition collaboration, etc. To that end, awareness month efforts will be implemented by following the Strategic Prevention Framework and its' related components. Each of the four counties in Region 1 (Benton, Carroll, Madison and Washington) will be impacted by the overall behavioral health prevention projects planned.

The focus for December was *National Impaired Driving Prevention Month*. The Strategic Prevention Framework (SPF) was followed with the staff first assessing alcohol use rates from 2017 Region 1 Arkansas Prevention Needs Assessment (APNA) survey data. The trend in Region 1 for use by youth and adults indicates alcohol usage as a top choice in Region 1. Driving while impaired is an ongoing issue for all those of driving age.

In December, the RPP increase awareness about December as *National Impaired Driving Prevention Month*, with the following strategies and activities:

• The Region 1 RPP December newsletter was disseminated to 114 recipients via Constant Contact and highlighted December as *National Impaired Driving Prevention Month*. The RPRs provided related information and prevention resources. The RPP staff promoted the availability of the newsletter at coalition meetings held in December.

- Coalition announcements made in December included increasing awareness of December as *National Impaired Driving Prevention Month*. Announcements were given at coalition meetings the RPR attended in December.
- Media coverage was provided by KNWA (NBC) FOX 24 KFTA HD out of Fayetteville that serves Benton, Carroll, Madison, and Washington Counties. Television ads were .15 seconds in length; additionally, a wide range of banner ads on the station's Facebook page and website were included throughout the month. The ads focused on December as *National Impaired Driving Month*.

Prevention materials were provided to the Madison County Health Coalition and the Northwest Arkansas Cooperative.

The RPR participated in a one-hour webinar that was held in partnership with the National Council of Behavioral and Quest Diagnostics on December 14, 2018. The Webinar was "What Drug Monitoring Data Tells Us About the Current State of the Opioid Epidemic." The webinar provided attendees an overview of the national opioid crisis, the importance of appropriate and medically necessary drug monitoring as routine and non-stigmatized component of patient care, and recommendations for policymakers and providers in how to address results.

The Carroll County Hometown Health Coalition met on December 19, 2018 in Berryville. A presentation was given by a representative from the Washington Regional Healthcare System. The Coalition discussed upcoming events including the Summit and ServSafe trainings in Northwest Arkansas. The RPP is planning to promote and attend on the trainings that will be held in January, 2019. The RPR promoted December as *National Impaired Driving Prevention Month*.

The Coordinated School Health Coalition met on December 13, 2018 in Springdale (Washington County). A presentation was given by AR Advocates for Children on legislative policies that affect students and families. The RPR promoted December as *National Impaired Driving Prevention Month*.

On December 18, 2018, the NWA Tobacco and Drug Free Coalition (Drug Free Communities grantee) met and held a joint meeting with Project Right Choice in Fayetteville (Washington County). The Coalition discussed upcoming events and policy efforts in Northwest Arkansas. The RPR promoted December as *National Impaired Driving Prevention Month*. The NWA Tobacco and Drug Free Coalition Coordinators serve on the Region 1 Regional Task Force.

The Northwest Arkansas (NWA) Safe Communities Coalition met on December 10, 2018 in Fayetteville (Washington County). The Coalition discussed bicycle/pedestrian safety issues, underage drinking prevention initiatives, and upcoming community events. The RPR promoted December as *National Impaired Driving Prevention Month*.

RPR, Laurie Reh, continues to manage the Arkansas Prevention Network (APNet) finances as Co-Treasurer and RPR, Codi McCuistion serves on the Board as a new member.

RPR, Codi McCuistion serves on the Arkansas Prevention Certification Board (APCB) as a new member.

The RPR met with Northwest Arkansas Education Service Cooperative (NWAESC) representatives on December 20, 2018 to discuss the 2019 NWA Drug Prevention Conference details and collaborative options. Both NWAESC Coordinators serve on the Region 1 Regional Task Force.

Region 1 staff have maintained contact with MidSOUTH throughout the month of December, particularly in regard to a required budget revision and the Quapaw House, Inc. transition. The Region is still in transition mode with Quapaw House, Inc. regarding which processes to follow for billing, check writing, reimbursements, and setting up of the Region 1 computers and printers. The Region has not yet received its old printers or computers from Preferred Family Health. The staff are doing what they can with personal computers and by collaborating with supportive prevention partners. Quapaw House, Inc. has decided that Jim Clark from Region 3 will be Administrator that Region 1 will report to for now. Due to the transition, the Region 1 RPP budget revision, October invoice, November invoice, and December invoice are still outstanding. The Region is waiting on our request for IT to install the new computers/printers that were purchased last spring for the RPP staff.

#### **SYNAR**

The next SYNAR project will implemented in March-May, 2019 as part of the current RPP contract. The Region 1 RPP completed the required Coverage Study was completed. The next Tobacco Retailer Training will be held in March in Washington County.

#### **Arkansas Prevention Needs Assessment (APNA)**

The Region 1 RPP provided technical assistance in December to eighteen (18) of nineteen (19) school districts that participated in the 2018 APNA Survey. Many phone calls were made to offer assistance and answer questions from contact persons at each school district. Calls to Pride Surveys were made as well as additional technical assistance and feedback on school districts.

#### **REGION 2**

#### **Regional Prevention Advisory Council**

The Region 2 Prevention Advisory Council membership represents all twelve (12) sectors of the community as well as all five counties of the Region. Recruitment for the Advisory Council is ongoing to ensure a strong membership of actively participating individuals.

Members of the Advisory Council participated in Teen Summit planning for Boone County, Red Ribbon Week activities, and attended coalition meetings throughout the Region.

The next Advisory Council meeting is scheduled for January 25, 2019.

#### **Trainings/Presentations/Media/Technical Assistance**

On December 6, 2018, the Region 2 RPR provided training to seventeen (17) AmeriCorps VISTAs in sustainability and implementation. This is a monthly activity that is designed to train AmeriCorps VISTAs in prevention practice. The training helps to build capacity among the VISTA support. Each training is taken directly from the SAPST manual or the Seven Strategies for Community Level Change evidence-based curricula.

Also, on December 6, 2018, the Region 2 RPR coordinated and led a meeting with the Opioid Prevention Project Task Force. This is in response to the Opioid Prevention Project through the Criminal Justice Institute. This is an opportunity that came to Boone County as a result of its ranking among the highest in the state for the opioid addiction burden. This was a capacity building and planning sessions that is working to host a Kick Off Event for the program. In attendance was the Mayor of Harrison (elect), County Health Administrator, Drug Free Communication Coordinator, AmeriCorps VISTAs, and other volunteers.

On December 12, 2018, the RPR participated in the monthly Opioid Awareness and Education Advisory Council meeting to educate and inform area stakeholders regarding local prevention activities. This is a capacity building activity that works to increase interagency collaboration.

On December 13, 2018, the RPR Assistant (AmeriCorps VISTA) attended the Newton County Hometown Health Improvement Coalition meeting and Teen Summit Planning meeting. This is a capacity building activity that works to increase interagency collaboration.

On December 14, 2018, the RPR provided technical assistance to the Drug Free Communities Coordinator in working through the progress of the current year's action plan, planning for the upcoming year's action plan and program evaluation.

On December 14, 2018, the RPR met with the Executive Director of NAPHE, Inc. to give an overview of the Regional Prevention Program activities and identify collaborative avenues. This is a monthly capacity building and sustainability activity that seeks to leverage available and maximize impact of prevention interventions.

On December 19, 2018, the RPR attended the Mountain Home School Drug Task Force Meeting. This is a work group that has formed to address the drug problem in the schools. This is a capacity building and planning activity that works to build participation from all community sectors and select strategic activities that will be effective within the school community. Technical assistance was provided in evidence-based practices and community collaboration.

In the month of December, prevention messaging strategies were implemented through the following channels:

- Fifteen (15) posts to Facebook with a total reach of 341.
- December Awareness Month Info Sheet was created and distributed via email and at Coalition meetings.
- Brochures and other informational materials were disseminated.

Region 2 Prevention continues to support Boone County Ignite (youth coalition) in the work toward expanding the T21 Policy to a county-wide initiative. The group presented to the Quorum Court, who were not in support. Boone County Ignite is planning to work within the county on the initiative and is working to schedule meetings with State Legislators and Representatives to take their work to a state level.

Region 2 Prevention continues to support Mountain Home School Drug Task Force in their efforts to implement a drug policy that required family counseling rather than suspension for first time drug offenses at school. To date, the implementation of this policy is running smoothly. The school's Mental Health Professional reports that the curriculum, Teen Intervene, which was provided through Region 2 Prevention is being used in sessions other than drug offenses and is a very beneficial resource.

Region 2 Prevention is also supporting the Mountain Home School Drug Task Force in a new initiative to implement a "text a tip" tip line within the school system. Currently, the group is working on a response plan for tips and for after-hours monitoring.

Region 2 Prevention collaborated with the following parties Hometown Health Improvement, Boone County Substance Abuse Prevention Coalition, AmeriCorps VISTA, Harrison Public Schools, Ozark Unlimited Resources Cooperative, Arkansas Department of Health, North Arkansas College, and North Arkansas Regional Medical Center for the November 7, 2018 Boone County Teen Summit. Topics were underage drinking and prescription drug abuse (November 7, 2018). There were 433 eighth grade students in attendance.

On November 15, 2018, the RPR presented on Tobacco/Vaping to the Harrison Middle School. There were 47 eighth grade students present. And, on November 29, 2018, the RPR presented on Prescription Drugs to the Harrison Middle School. There were 45 eighth grade students present.

Region 2 Prevention continues to refer to SAPST materials as well as Seven Strategies for Community Change for training opportunities for presentations or one-on-one interaction with coalitions, volunteers, and prevention staff of NAPHE.

Region 2 Prevention continues to promote the use of *Keep a Clear Mind* in schools throughout the Region.

Region 2 Prevention continues to provide training using techniques gained from the 7 Strategies TOT (held in August) and utilize the Fundamentals of Prevention booklet that was provided at the training. This has been beneficial in VISTA training and in committee meetings.

Region 2 continues to collaborate with the following:

#### **Drug Free Communities Grantee**

- Youth Leadership
- Community Training
- Marketing
- Meeting Planning

#### Bikers Against Child Abuse

- Joined Boone County Coalition
- Collaboration on anti-bullying activities

#### North Arkansas College

• Meeting space for DFC and SAP meeting

#### Arkansas Department of Health (all five counties in Region)

• Information dissemination

#### 14<sup>th</sup> Judicial District

- Information dissemination
- Circuit Judge added to Advisory Council

#### Opioid Awareness and Education Advisory Council

• Collaboration and oversight in AmeriCorps VISTA opioid prevention activities

#### Boston Mountain Rural Health (Marshall, Searcy County)

• Information dissemination

#### Searcy County Library

• Information dissemination

#### Health Resources of Arkansas (all five counties in Region)

• Information dissemination

#### Hometown Health Improvement

- Boone County ongoing collaboration
- Newton County ongoing collaboration
- Searcy County ongoing collaboration

• Marion County ongoing collaboration

#### Unified Community Resource Council of Marion and Baxter Counties

- Baxter County Coalition, ongoing collaboration
- Ongoing promotion of Opioid Pilot Project

#### Care Center Ministries (Baxter County)

- Opioid Awareness Day Event
- Information dissemination
- New member of the Advisory Council

#### **Baxter County Senior Center**

- Health Literacy Trainings
- Take Back Events
- Ongoing information dissemination on safe storage and disposal of medications

#### Tobacco Prevention Education Program

- Policy development
- Maintaining and building partnerships throughout the Region
- Building youth community leadership through presenting at Quorum Court

#### AmeriCorps VISTA

- Regional Opioid Prevention Education Summit planning and implementation
- Monthly Lunch and Learns
- Information dissemination

#### Harrison Middle

- Space and audience for substance abuse prevention presentations to middle school students and color contest
- Evidence-based program implementation

#### Flippin School

• Evidence-based program implementation

#### Yellville School

• Evidence-based program implementation

#### Oark School (Jasper School District)

• Evidence-based program implementation

#### **Boone County Drug Free Communities**

• Partnering in expanding media campaign (Talk They Hear You) with billboard design

#### **Ignite Youth Coalition**

• Planning and participation for community events

- Kick Butts Day
- Color contest judging (Boone and Newton County schools)
- Implementation of SYNAR
- Event coordination (In Plain Sight, Bridge Bash, Back to School Bizarre)

#### Mountain Home Schools

- Coordinating activities for upcoming year.
- Policy implementation.
- Event coordination (In Plain Sight, Bridge Bash, Back to School Bizarre)
- Evidence-based program implementation.

#### **Baxter County Library**

- Information dissemination
- Meeting space

The RPR collaborated with MidSOUTH to ensure that the new DFC Coordinator in Boone County received SAPST training.

The RPR collaborated with AFMC and the Criminal Justice Institute (CJI) to have materials provided to Marion and Baxter Counties and to prepare Boone County for participation in the PDO grant.

The RPR also collaborated with Pride Surveys to ensure that all fifteen (15) schools in the Region complete their APNA Survey.

#### **Arkansas Prevention Needs Assessment (APNA)**

APNA recruitment is complete. There is 100% participation in Region 2.

# **Regional Prevention Advocacy Council**

Clinton High School Counselor, Glenda Stagg visited with the RPR on December 4, 2018. The discussion included possible future funding opportunities from Partnership for Success (PFS) and Drug Free Communities (DFC) that might align with their goals to fund their logic model activities. They have already prepared their key logic model activities for this year from their Lead and Seed training last January with Region 3 RPP. They are conducting Two Lips – One Voice and are planning for the Fortune Cookie drug prevention messages to distribute to students with lunches. Glenda Stagg and Shelly Hink are the Task Force members now that Brian Henderson is no longer involved with the Van Buren County TEA Coalition through DFC. The Van Buren Hometown Health (HTH) is planning on working to maintain the outcomes chosen by the TEA Coalition Group. Current plans are for the RPR, Glenda Stagg, and Shelly Hink to form an HTH Committee to address drug prevention. This will be part of the January Coalition discussion.

Cedar Ridge Youth group leader and Task Force member Kim Norris met with the RPRs on December 11, 2018. Planning continues to conduct a parent-teacher training on JUULs in January. Region 3 staff are working with Margaret Yancey, the ATCP Coordinator, to accomplish that at Cedar Ridge to meet the identified need.

Region 3 is still waiting on word from MidSOUTH about their plans to host training for Lead and Seed. Region 3 hopes to incorporate this identified need for youth training into our Task Force plans for 2019.

Cleburne County Foundation "Prevention Partners Project" – The RPR continued to communicate with Kathy Phillips for future meetings to advance with a prevention coalition effort in Cleburne. On December 31, 2018, Kathy Phillips arranged a meeting for January 21, 2019. Ms. Phillips sent out the announcement to all identified stakeholders. The Region 3 RPR will bring relevant county specific data in the form of a PowerPoint presentation and will answer questions about how to proceed in applying for DFC funding.

#### Trainings/Presentations/Media/Technical Assistance

Region 3 staff conducted planning with the Cedar Ridge PFS group leader, Kim Norris, for 2019 using the data to identify needs. A tobacco speaker was chosen to come and speak on the topic of JUULs.

Region 3 staff sent an email to stakeholders to promote 3D month on December 31, 2018, providing all new contact information for Region 3. The email gave information about the DEA Waivers as requested by the Drug Director. There was also a link for his original article and a link to the DEA Waiver Request. The email also gave information on National Drug and Alcohol Facts week, with a link to register an activity.

Region 3 staff were not able to pay for materials to complete the officer recognition basket/sobriety checkpoint project as planned. This was due to not being able to access funding for supplies and media.

In December, prevention materials were provided to Cedar Ridge, Mountain View Exceptional Families, Van Buren Health Unit, and Quapaw House, Inc. for Mental Health Day.

On December 11, 2018, the RPR became the new Facilitator for the Jackson County Hometown Health Coalition. Jennifer Reaves, a Community Education Specialist from the Arkansas Department of Health, asked the RPR (Stacy) if she would be interested in becoming the Facilitator for the Coalition. The RPR accepted the position and will be meeting with Jennifer in January to discuss her new responsibilities and plan for the next meeting.

On December 12, 2018, the RPR attended the Sharp County meeting. The RPR is working with the new Coalition Facilitator, Chelsea Conway, with the Sharp County Extension Office, to plan a meeting with the Superintendents at Highland and Cave City schools to ask to schedule days at the schools for mental health awareness and anti-bullying, which will include drug prevention. The RPR is working with Renee Brink at the Sharp County Health Department to schedule a Safety Baby Shower for the community, as smoking and drinking rates for pregnant women is very high.

Also, on December 12, 2018, the RPR provided Izard County Tobacco use data from APNA to ATCP Coordinator, Margaret Yancey. The RPR staff also participated in the December Zoom call.

On December 17, 2018, the RPR attended the Stone County Hometown Health meeting and assisted with the planning for the Spring Senior Class Health Fair.

The RPR collaborated with the Mental Health Day Treatment Life Skills Coach at Quapaw House, Inc. in Van Buren County to present to the Van Buren Hometown Health Coalition on December 18, 2018. At the Van Buren County Hometown Health meeting on this date, the RPR offered to serve as Chair of a substance abuse subcommittee for the group now that the TEA Coalition no longer meets regularly.

Upon the Drug Director's request to RPPs: On December 19, 2018, the RPR met with the Coroner elect from Stone County and encouraged him to utilize the MDL database for keeping data. He was eager to assist in helping get other Coroners in the area on board.

Also, on December 19, 2018, the RPR participated in the Webinar "Keeping Kids Healthy: How Substance Abuse Prevention Can Really Work."

On December 31, 2018, the RPR spoke to community members in Independence County about a quarterly Teen Night. Any Events LLC is a new event planning company in Batesville. They have spoken with other community members about starting a nonprofit Teen Night every three (3) months in Batesville. The RPR spoke with them about locations for the events and will be speaking with the owner again in January.

The RPR provided a support letter for Dr. Lisa Perry for potential funding Prescription Opioid Prevention.

The RPP collaborated with the Cedar Ridge PFS group. Region 3 will use their corporation and their theater discount to run an ad together for 2019. The three leading substances among youth will be the intended topic of proposed theater advertisements.

The RPR, Stacy, has scheduled her IC&RC exam.

# **SYNAR**

Region 3 has completed the SYNAR Coverage Study and is preparing for SYNAR Compliance in the Spring.

# **Arkansas Prevention Needs Assessment (APNA)**

Region 3 completed the task of marketing the survey to all school districts by October 12, 2018 and following up with schools who were late in submitting their data by the time of the December report.

#### **Regional Prevention Advocacy Council**

Nothing new to report for December due to Medical Leave.

#### Trainings/Presentations/Media/Technical Assistance

Region 4 is using the stages of the Strategic Prevention Framework (SPF) with the development of the Regional Prevention Advisory Council and in working with community partners and coalitions.

Prevention messages are marketed through e-mail blasts, social media including the CRDC: Prevention Website, flags, and personal contacts at coalitions and other meetings. The CDRC: Prevention Facebook page, <a href="www.facebook.com/crdcprevention">www.facebook.com/crdcprevention</a>, is being promoted through Facebook ads. The number of followers increased from 229 on November 26, 2018 to 251 on January 5, 2019, with most of those directly attributable to the advertising campaign. Several of the Region's posts, particularly those related to community events, and TimerCap giveaway locations, are being shared and re-shared by our followers.

Prevention messages in Region 4 are also promoted through the use of billboards in the Region. The "Most Teens Choose Not to Use" campaign promoted in the flags and billboards have been so effective that several of the coalitions and area churches have begun adopting the campaign and putting up their own billboards.

In December, the campaign with Arkansas State University continues. This campaign includes running prevention advertisement featuring student athletes during the men's and women's basketball games. This campaign runs through March 2019.

Environmental strategies that are ongoing in the Region include "Most Teens CHOOSE Not to Use ATOD" billboards and flags. The Region is looking to identify additional opportunities that can be implemented in the Region.

Region 4 refers to the CRDC: NEA Recovery Center and Mid-South Health Systems. The RPRs work with Mid-South Health Systems System of Care and attend their meetings when possible. The Region also works with the Domestic Violence Providers and their Shelter in Northeast Arkansas by promoting people to donate to their store and shop at their store. We also work with several of the Arkansas Department of Health staff in Coalitions. Regional staff try to attend any meeting where contact can be made with community members. Two of the Region's Coalitions are Drug-Free grantees and the RPP staff participate in their meetings and events.

Region 4 staff also work closely with Project Officers for ideas, approval, etc. Region 4 staff also provide technical assistance for Region 7 (administrative functions, newsletters, flyer design, distribution list development, etc.).

The RPR works with Derrick Newby (MidSOUTH) to get all the identified needed trainings on the schedule for fall and winter. Several trainings have been scheduled from September 2018 through March 2019. A Regional Prevention Summit will be added soon.

There was not much new to report in December due to staff being on medical leave.

#### **Regional Prevention Advocacy Council**

The Regional Prevention Advocacy Council met on December 17, 2018.

At the meeting it was decided that the Region will hold a one (1) day conference at the Courtyard Marriot in downtown Fort Smith on June 12, 2019, with registration beginning at 8:30 a.m. This conference will be free of charge to community members! The conference will host concurrent sessions throughout the day with two sessions running at a time, giving attendees the option to choose which tract to attend that best fits their needs.

The following session topics were suggested:

- 1. Medication Assisted Treatment: what it is and how it can address substance abuse.
- 2. An overview of the impacts of substance abuse in the home and how it affects our children.
- 3. What to do as a bystander, guidance for families with an addicted loved one.
- 4. Possible session with a DEA agent from Washington.
- 5. Local Drug Trends with a law enforcement panel.
- 6. Effects of drugs on the body. Cost and consequences of drug use.
- 7. Parent panel/Recovering addicts panel.
- 8. Drug Court: Overview of the program and its benefits to the community.

Chief Clamser with the Mountainburg Police Department has agreed to participate on the law enforcement panel. Lt. Sacco was able to secure Sargent Hicks (Sebastian County) for the law enforcement panel. Lt. Sacco is in the process of trying to secure a speaker from the DEA. Sherry Johnston will reach out to Scott County (Waldron) Law Enforcement. Ellie Lindgren will reach out to Franklin County Law Enforcement. Brett Bunch will reach out to Logan County Law Enforcement. Keley Simpson will reach out to the Mayor for the opening remarks of the conference.

The Region's Advocacy Council has three (3) new members, Lakeisha, Denisha, and Emily who represent the Youth Sector. The Region 5 Task Force now has representation from all 12 Sectors.

The next meeting will be held on January 30, 2018 at the Sebastian County Health Department.

## **Trainings/Presentations/Media/Technical Assistance**

The RPRs conducted week long presentations within two separate school districts. The presentations for the Magazine School District (Logan Co) were conducted December 3-7, 2018. The presentations for the Ramsey Jr. High School (Sebastian County) were conducted December 10<sup>th</sup>, 11<sup>th</sup>, 13<sup>th</sup>, and 14<sup>th</sup>, 2018.

**Assessment:** The RPPs collaborated with Donna Robbins (Magazine) and Coach East (Ramsey) in order to decide what presentations each school thought would benefit their school the most. Both schools reported an increase in students being caught vaping on school property. Vaping is included in the Tobacco Prevention Presentation and again with the Current Drug Trends (more

info). It was decided to conduct educational presentations on Prescription Drug Abuse, Tobacco Prevention, Marijuana Prevention, Current Drug Trends, and Underage Drinking.

**Capacity:** The RPRs collaborated with school contacts in order to have an accurate count of students within each school. With an accurate count, the RPRs were able to provide materials for each student. Each presentation was accompanied by relevant material which was given to the students.

**Planning:** The RPRs scheduled the date, time, and grade level for each school. The RPRs made copies of evaluations for the final day of the presentations, gathered materials on each topic with the correct amount of copies, and organized what to bring each day for the different topics that included the handouts, display items, pull down banners etc. The RPRs were given permission to bring candy on the last day of the presentations. Once the students completed their evaluation they were allowed to pick one piece of candy.

**Implementation:** The RPRs conducted the presentations to the 8<sup>th</sup> grade students as well as the Senior High students during their health class at Magazine. The RPRs conducted presentations to the 9<sup>th</sup> grade students at Ramsey Jr High during their health class. All students were given a pledge to stay drug free on the last day of the presentations.

**Evaluation:** All students were given an evaluation.

The RPRs created a newsletter focusing on the deliverable National Impaired Driving Prevention Month. This newsletter is distributed in person, by email blast, and shared on Facebook. The Gateway Recovery Center also posts the newsletter around the facility. The Arkansas Department of Health centers report that they display the newsletter in restrooms. The RPRs take the newsletter to events and coalition meetings and the RPRs encourage people to sign up on the email list in order to receive the newsletter each month. An estimated 3,000 people received the newsletter or reviewed the newsletter. This is an increase due to the newsletter now being available on the Prevention Facebook page.

The RPRs utilized Facebook to help promote the December Campaign by sharing the following information.

- 1. Ray Lozano Drug Facts: Alcohol Pee Puke & Pass Out YOUTUBE video.
- 2. Drug-Impaired Driving article from NHTSA.gov
- 3. Drive high and plan to get a DUI YOUTUBE video Feel Different: 15
- 4. NHTSA Dep. Admin. Heidi King YOUTUBE video about drunk driving during December.
- 5. Link to MADD's drunk driving statistics.

The RPRs also posted the link for more information in regards to Medical Assisted Treatment and the need for more physicians.

The RPRs contracted with RAM Outdoor for a yearlong contract of a billboard in Fort Smith. This billboard is located on Towson Avenue, a highly traveled road in Fort Smith. The message displayed on the static board is "A Perfect Time to Talk About Alcohol and Other Drugs" and directs viewers to the website underagedrinking.samhsa.gov. The daily effective circulation provided by RAM is 29,700 viewers 18 years and older.

The RPRs contracted with Creative Outdoor Advertising to produce three prevention ads to be displayed on three bus benches in the Fort Smith area. Creative Outdoors was unable to give an estimated number of people that view the ad each month. The RPRs were directed to use the numbers given by the Fort Smith Transit System. This is a yearlong contract.

The RPRs also contracted with RAM Outdoor to display the Buzzed Driving is Drunk Driving billboard. This billboard began before Thanksgiving and will run until the middle of March. By beginning before Thanksgiving the billboard was on display for all three major Holidays - Thanksgiving, Christmas, and New Year's. RAM contacted the RPRs and reported to us they would also display our billboard digitally on Rogers Avenue free of charge until the space was rented.

The RPRs noticed the "Don't Be Your Kids Drug Dealer" billboard is still on display on Hwy 64 West. This billboard was for the July deliverable "Prescription Drug Abuse Awareness Month." The RPP is no longer under contract for this billboard but it is still being displayed to the community.

On December 3, 2018, the RPRs presented Tobacco Prevention to three classes at Magazine High School (Logan County). There were 72 students in attendance representing 8th, 10th, 11th, and 12th grade. In addition to the PowerPoint presentation, the RPRs also displayed the tobacco pull down banner, simulated smokers lung, Mr. Gross mouth, and the Jar of Tar.

On December 4, 2018, the RPRs presented the Underage Drinking PowerPoint to 8th, 10th, 11th, and 12th grade students at Magazine High School (Logan County). There were 72 students in attendance during three separate class periods. The RPRs displayed the Alcohol pull down banner, alcohol/binge drinking tri-fold board, and each student was given the Underage Drinking Fact Sheet.

Also, on December 4, 2018, the RPRs were contacted by Lezlie Williams who requested additional substance use and pregnancy brochures. Numerous prevention brochures were provided to the River Valley Pregnancy Medical Center and Heart to Heart Pregnancy Center in Fort Smith (Sebastian County).

On December 5, 2018, the RPRs presented the Prescription Drug Abuse PowerPoint to three classrooms at Magazine High School (Logan County). There were 72 students in attendance. The RPRs displayed the prescription drug pull down banner and gave each student an AFMC bookmark on prescription drug abuse. All senior high students were also given a prescription drug brochure.

On December 6, 2018, the RPR presented the Marijuana Know the Truth PowerPoint to three classrooms at Magazine High School (Logan County). There were 72 students in attendance. The RPR displayed the Marijuana pull down banner and gave each student a Marijuana, Know Its Effects on the Body and Synthetic Marijuana pamphlet.

On December 7, 2018, the RPRs presented the Current Drugs PowerPoint to three classes at Magazine High School (Logan County). There were 72 students in attendance. The RPRs

displayed the Synthetic Drugs pull down banner. Each student was given an evaluation for the week long presentations and a pledge to stay drug free.

Also, on December 7, 2018, the RPRs met with five (5) students who completed the Lead and Seed training the Spring of 2018. The students have decided to have a Pep Rally for the elementary school focusing on preventing underage drinking. These students continue to implement what they learned in the Lead and Seed training. The RPRs will assist as necessary and plan to attend their event.

On December 10, 2018, the RPRs presented the Tobacco Prevention PowerPoint to the 9th grade health classes at Ramsey Junior High School in Fort Smith (Sebastian County). There were 108 students in attendance over seven (7) class periods. The RPRs displayed the Tobacco pull down banner, pig lung, jar of tar, and Mr. Gross mouth. Each student was given an AFMC tobacco bookmark.

On December 11, 2018, the RPRs presented the Underage Drinking and Prescription Drugs PowerPoint at Ramsey Junior High (Sebastian County). A total of 108 students attended the presentations given during the seven (7) class periods. The RPRs provided each student with the Underage Drinking Fact Sheet and Alcohol booklet. The Alcohol pull down banner was displayed during the presentation.

On December 12, 2018, the RPR attended the December Zoom conference call for RPRs. The RPR shared resources with each Region on the call.

On December 13, 2018, the RPRs presented the Marijuana prevention PowerPoint to the 9th grade health classes at Ramsey Junior High (Sebastian County). The Marijuana pull -down banner was displayed in the classroom. A total of 108 students attended the presentations during the seven (7) class periods. Each student was given a Marijuana and Driving and Synthetic Marijuana brochures.

On December 14, 2018, the RPRs presented the Current Drug Trends PowerPoint to 108 students at Ramsey Junior High in Fort Smith (Sebastian County). The Synthetic Drugs pull down banner was displayed in the classroom. The following brochures were given to each student: What to Say When You Want to Say No (108) and Pledge to be Drug Free (108). At the end of the presentation, students were given an evaluation for the entire week of presentations.

On December 17, 2018, the RPRs provided numerous Timer Caps to the Maggie House in Charleston (Franklin County) and the Young Homes in Fort Smith (Sebastian County). Both provide long term residential care for foster children.

The RPR stays in contact with Regions 10 and 11 on a consistent basis via email to discuss success, problems, and concerns within the Regions. Weekly conference calls are held when time permits.

Arkansas Prevention Needs Assessment (APNA)
The RPRs included APNA data with all school presentations. The RPRs encouraged students to complete the survey with honesty and reiterated that the survey is anonymous.

#### **Regional Prevention Advocacy Council**

In December, Candice Henderson, Substance Abuse Treatment Counselor with ARVAC Freedom House, joined the Region 6 Substance Abuse Prevention Task Force.

# Trainings/Presentations/Media/Technical Assistance

Activities throughout the month utilize the Strategic Prevention Framework process. Assessment, Capacity, Planning, Implementation, and Evaluation guide RPRs in their planning.

In December, the RPRs utilized social media including: email, Twitter, and Facebook to promote prevention efforts, events, and activities throughout the month of December.

Facebook has 89 followers and in December four (4) posts were made and two (2) likes received. The Region's Facebook page is Prevention Works – Healthy Region 6.

Twitter has 457 followers and in December, three (3) tweets were made with five (5) likes and two (2) re-tweets. The Region's Twitter is PreventionWorks@Healthy\_Region6.

The RPP ran 693, 30 second PSAs on multiple channels with SuddenLink Media. Channels include BET, APL, ESPN, FOOD, FRRM, FX, HGTV, MTV, NFL, and SEC. Six hundred and eighty-three (683) ads were paid for and ten (10) ads were donated.

On December 3, 2018, the RPR presented information regarding Drunk/Drugged/Distracted driving and the Drive Sober or Get Pulled Over NHTSA campaign to the executive staff of CSI. This information was then included in the agency weekly newsletter, The High 5, to all employees (approximately 70).

Also, on December 3, 2018, the RPR continued to partner with tobacco grantee, and Smoke Free Conway Coalition, to establish smoke-free policies for the City of Conway. The Coalition is currently working on collecting data for assessment and developing capacity. The RPR also provided the Conway County Therapeutic Foster Care program with an individual Prescription Drug Lock Box (to be given to a new foster family). An information sheet on the importance of locking up medications was also provided.

On December 4, 2018, the RPR attended the Russellville Chamber of Commerce Annual meeting (Pope County). Governor Asa Hutchinson was the keynote speaker. The RPR was able to network with attendees and inform them of the Russellville Clearinghouse location and brochures available to the public. There were 460 community members in attendance.

On December 5, 2018, the RPR provided prevention educational materials to the Perry County Health Department.

On December 7, 2018, the RPRs attended the CSI annual employee banquet in Plumerville. The RPRs were able to network with attendees and inform them of the Russellville and Morrilton

clearinghouse locations and brochures available to the public as well as their mental health clients. Seventy employees were in attendance.

Also, on December 7, 2018, the RPR provided educational material to the Arch Ford Educational Co-Op.

On December 10, 2018, the RPR provided information to other RPRs on two programs to be utilized in schools with youth who are caught with tobacco on campus. Both of these programs can be used instead of suspending the student. These programs are "2<sup>nd</sup> Chance" and "Aspire."

On December 11, 2018, the RPR attended the CSI Workplace Harassment training at the Russellville office.

Also, on December 11, 2018, the RPR attended and spoke at the 5<sup>th</sup> Judicial District Court meeting for Juvenile Justice Probation Officers. The RPR is collaborating with Juvenile Probation Officers and law enforcement in Conway County in their efforts to enforce tobacco laws/policy with juveniles in Conway County, specifically Wonderview Schools. There has been an increase in students in this school using electronic smoking devices (ESDs) and JUUL. Officers explained the situation and an additional meeting is scheduled for January. The RPR was also able to network with attendees and inform them of the Russellville clearinghouse location and brochures available to the public. Six (6) people were in attendance.

On December 12, 2018, the RPRs participated in the MidSOUTH RPR conference call. The RPR shared information on tobacco.

On December 14, 2018, the RPR worked with the Dardanelle EAST students for a Stamp Out Smoking Project with the Prevent Youth Coalition (Yell County). The project is called "Ready. Set. Record." and is a tobacco prevention video competition. Students had to make a 30 second video about being tobacco free. Six (6) students were in attendance.

Also, on December 14, 2018, the RPR attended the National Council webinar "What Drug Monitoring Data Tells Us About the Current State of the Opioid Epidemic."

On December 19, 2018, the RPR attended the Dardanelle Chamber of Commerce monthly luncheon in Dardanelle (Yell County). The RPR was able to network with attendees and inform them of the Russellville clearinghouse location and brochures available to the public Sixteen (16) members were in attendance.

Also, on December 19, 2018, the RPR attended the FCD Prevention webinar "Keeping Healthy Kids Healthy: How Substance Abuse Prevention Can Really Work."

On December 20, 2018, the RPP partnered with Jill Weinischke, Project Coordinator for the TOUCH Coalition in El Dorado and Drug Free Communities grantee, to host an informational workshop for the River Valley Prevention Coalition. The workshop covered the SPF model and the DFC grant. Ms. Weinischke and her Coalition are currently in the 8<sup>th</sup> year of the DFC grant

for Union County. The DFC Support Program is the Nation's leading effort to mobilize communities to prevent youth substance abuse. Seven (7) Coalition members were in attendance.

The RPR provided numerous prevention educational brochures for player goodie bags for the Russellville Rotary annual Hoops for Hunger basketball tournament at the Cyclone Arena in Russellville (Pope County). The tournament hosts eight (8) boys and girls high school basketball teams for a three-day tournament to raise money for the River Valley Food 4 Kids and the Manna House, which are organizations that help combat childhood hunger in the River Valley area. The tournament was held December 28-30, 2018.

The Region 6 RPRs were notified in October that the Region's budget was being cut approximately 20-23%. Since this reduction of funds is occurring during the fiscal year, many of the activities the RPRs previously stated they would accomplish (as noted in the Continuing Application Proposal) will no longer be feasible. The RPRs will make every effort to continue the critical work in the Region but will not be able to provide all services as previously noted. The RPRs have written and submitted a new budget reflecting the new award amount.

## **Arkansas Prevention Needs Assessment (APNA)**

The Region fully participated in the recruitment of school districts within the Region to participate in the annual APNA Survey.

#### **Regional Prevention Advocacy Council**

Region 7 has developed a survey that will be used at the Prevention Empowerment Conference in January. This survey is intended to gather information that can be used in creating a more community driven logic model.

The Region 7 Regional Task Force will meet in St. Francis County on February 13, 2019. The Task Force will discuss the Public Opinion Survey and way to get it disseminated throughout the Region.

#### Training/Presentations/Media/Technical Assistance

On December 13, 2018, the RPR met with fourteen (14) high school students in a leadership program in Piggott. The RPR was asked to speak with youth on the topic of "Thinking Like a Leader." A PowerPoint was presented to the students. The presentation gave a brief overview of the Strategic Prevention Framework (SPF), Cultural Competence, and Ethics. After the training the youth were asked to choose three given tasks and complete a logic model using each step of the SPF. The group really seemed to grasp the concept of the SPF and did a great job with the logic models.

The SPF is being used in planning the upcoming Prevention Empowerment Conference. The Region looked at problems that were most relevant to the Region and started to build the conference around that.

The RPR promoted the upcoming Region 7 Prevention Empowerment Conference through email blast, flyers, phone calls, and word of mouth. Personal contacts to community leaders, first responders, law enforcement agencies, and city/county officials will be made.

In the process of promoting the upcoming conference in Region 7, the RPR put together information bags to pass out to community partners and stakeholders across the Region. The bags include the RPR's business card, prevention materials, promotional products, CRDC's prevention flyers, and information regarding the conference. The RPR was able to distribute about forty (40) bags across the Region in December.

In December, the RPR reached out to Mid-South Health Systems and requested that they be a part of the Prevention Empowerment Conference that will be held in January. Without hesitation, they agreed to help and a wonderful working relationship continues.

The RPR also reached out to other agencies to extend an invitation to the conference.

In planning the Prevention Empowerment Conference, the MidSOUTH staff, state Drug Director's office, fellow Regional Prevention Providers, County Health Units, state and local law enforcement agencies, DASEP providers, Regional Task Force members, school district personnel, and many others played a valuable role in guiding and supporting this effort.

# **Arkansas Prevention Needs Assessment (APNA)**

APNA contacts and other school officials were invited to the upcoming Prevention Empowerment Conference. The hope is to build better relationships with schools and keep them in the loop of prevention so they will be engaged and participate in prevention's practices and strategies.

#### **Regional Prevention Advocacy Council**

Due to the holidays, there were only three (3) people in attendance at the December meeting. There were no new stakeholders added in December.

# Training/Presentations/Media/Technical Assistance

Region 8 will use the Strategic Prevention Framework (SPF) to plan the town hall presentation for e-cig and vaping scheduled for March 2019.

Region 8 used social media for prevention messaging in December as follows:

- Facebook 30 posts, 476 people reached
- Twitter 25 posts, 2,093 people reached
- Instagram 1 post, 78 people reached

Region 8 also sent out a "Creating Safe and Joyful Holiday Celebrations" newsletter to 474 emails – 106 were opened.

Region 8 also started a Facebook page for Smoke Free Hot Springs, continued planning to discuss new city board members, and began planning an evening town hall meeting to discuss the impact of e-cigs/vaping in schools.

Prevention materials were provided to the Arkansas Career Training Institute.

On December 7, 2018, the RPR presented "How to Talk to Your Doctor" at the Arkansas Career Training Institute.

On December 19, 2019, the RPR participated in the Webinar – "Keeping Healthy Kids Healthy: How Substance Abuse Prevention Can Really Work."

Region 8 also reached out to agencies that do foster parent training in the five (5) county Region (The CALL and DCFS on board) to offer providing lockboxes and clearinghouse information to incoming foster/adoptive parents. Region 8 has also offered to speak during panel discussions/training on addiction, addiction and the brain, ACEs, and toxic stress, etc. (issues seen as children enter the system that later contribute to substance use disorder).

The RPR met with Laura Taylor from Project Prevent Youth Coalition (PPYC) to collaborate in how to introduce PPYC into more schools.

In December, Region 8 collaborated with the Center for Healing Hearts and Spirits for Smoke Free Hot Springs (SFHS) and Regions 10 and 11 on the Southwest Arkansas Drug Summit, and has started preliminary SYNAR recruitment within schools in the Region.

#### **Regional Prevention Advocacy Council**

There was no Task Force meeting in December, 2018.

#### Trainings/Presentations/Media/Technical Assistance

The Strategic Prevention Framework (SPF) was used to develop and implement a series of presentations for Parkview High School. The RPR partnered with the Pulaski County Youth Court – Youth Accident Prevention Program for these presentations. The RPR made presentations at Parkview High School on December 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup>. The presentations covered the dangers of drug use, underage drinking prevention, railroad safety, and distracted driving.

On December 3, 2018, more than 500 "RPP" Fact Sheets were disseminated to DWI/DUI classes, Trans-Parenting classes, Theft Prevention classes, and Family Service Agency Substance Abuse classes.

The RPP was promoted during all coalition meetings which include the Southwest Little Rock Coalition, Midtown Health Alliance, Coalition for Tobacco Free Arkansas, Saline County Community Coalition, Arkansas Cancer Coalition, and the Omega's of Greater Little Rock.

Facebook is used to market program services and promote RPP activities.

On December 6, 2018 and December 13, 2018, two (2) Leadership Classes were held with Program Impact participants. There were ninety (90) girls who participated.

The RPP staff also met with the Miss Teen Tours Mentoring Program.

Information dissemination was conducted for the Family Service Agency's DWI/DUI classes.

On December 7, 2018, information dissemination was conducted for the Family Service Agency's Theft Prevention classes and Substance Abuse classes.

On December 11, 2018, information dissemination was conducted for the Family Service Agency's Trans-Parenting classes.

Region 9 RPP staff assisted the North Little Rock School District with Strategic Prevention Frameworks process and the interpretation of APNA data.

On December 11, 2018, the RPR met with the local group and coalition. The Region had a speaker from the Texarkana Arkansas Police Department talk on the "Shop with a Cop" event that was a great success. More than 200 children attended and received gifts during the event, which was supported by many agencies and businesses across the Texarkana area. Region 10 RPP sponsored two officers that participated in the event. Bylaws were also discussed at this meeting and voted on. Joni McGaha with the Arkansas Department of Health will write for the Arkansas Coalition for Obesity Prevention/Growing Healthy Communities recognition level application. This should be announced at the beginning of January.

On December 17, 2018, the RPR met regarding the Regions 8, 10, and 11 Southwest Arkansas Regional Task Force Summit. The three Regions are collaborating with the Arkansas Department of Health, Texarkana Arkansas Police Department, and community leaders to plan for the Summit in Southwest Arkansas. The date(s) for the summit will be decided upon in less than a week. There have been conflicts with speakers and their schedules. Discussion at this meeting included event promotion, training outline, logistics, exhibits, and the event budget.

The Southwest Arkansas Summit planning team are:

- Sarah Powell, Rural Health Specialist, Arkansas Department of Health
- Edie Greenwood and Cheryl Byrd, Community Health Nurses with the Arkansas Department of Health
- Trena Goings and Annette Sharp, Harbor House Prevention Representatives
- Kristi Bennett, Texarkana Arkansas Police Department
- Linda Goodner, Arkansas Community Corrections
- Yesenia Sanchez, Legacy Initiatives
- Brittany Palermo, Riverview Behavioral Health
- Katie Yamauchi, Region 8 Prevention Representative

Region 10 is in the planning stage for this Regional Summit (mini-conference). The group has brainstormed ideas for suicide prevention, alcohol use/prevention, opioid medication, and crime prevention from local law enforcement.

## Training/Presentations/Media/Technical Assistance

The Strategic Prevention Framework (SPF) was used in December in the following ways:

**Assessment:** The RPR and Region 10 Task Force compiled data from the APNA survey to assess the needs of the 17 county region that will be served with a comprehensive summit in the Spring of 2019. This data was utilized to effectively plan for the conference.

**Building Capacity:** The RPP continues to strengthen collaborative efforts by working closely with the Regional Task Force members and reaching out to others that can and will be involved as new resources.

**Planning:** The RPP continues to plan with members of the Task Force in Region 10 working toward a comprehensive summit in 2019. Planning continues both in informal meetings, email, and face-to-face meetings with partners across Region 10 and surrounding counties.

The December 1-31, 2018 Public Service Announcement for National Drunk Drugged Driving Awareness was the following:

"One Drink to take with you on the road today? What can that drink cost you? Drinking and driving costs thousands of dollars. Celebrate, but do it in a responsible way! Set up your ride BEFORE celebrating! Remember: YOU DRINK AND DRIVE, YOU LOSE." This is a message from Harbor House, Inc. Prevention Providers

In December, the email blast that was sent to approximately 170 stakeholders in Region 10 was: "Don't Wreck the Holidays. Over a 5-year period, over 4,000 people lost their lives in drunk driving crashes in December."

An attachment to the email contained the Region's Public Service Announcement deliverable for National 3D month.

Region 10 supported the following environmental strategies;

- Prescription Drug Take Back by providing Take Back boxes to local law enforcement, parents of an after school program, homeless individuals, probationers, and young people at high risk.
- Radio PSA promoting monthly deliverable Drinking, Drugs and Driving Awareness during December in order to change attitudes toward impaired driving.
- Personal page on social media posts advocating environmental strategies that include preventing drinking and driving, as well as setting a good example during the holidays by drinking responsibly.

On December 4, 2019, the Region 10 RPP hosted the coalition meeting in the Harbor House office in Texarkana. Committee reports and copies of the newsletter were given to each coalition member. The deliverable highlighted was the Drinking and Driving Prevention message.

On December 13, 2018, the RPR met with the LIFE Coalition in Lafayette County. The LIFE Coalition was not awarded the Blue and You grant. The ARCOP Growing Healthy Communities status application was submitted for this group. The RPR sent the December newsletter that promoted the Drinking and Driving Prevention message. The next meeting is January 10, 2019.

Numerous prevention materials were disseminated in December to Miller County, Texarkana Annex, Bi-State Justice Building, a local private school, and the Texarkana Library. In addition, multiple topics were provided to the Fouke Elementary School.

Region 10 offered technical assistance to the Jamison Kindness Center for their after school program in Miller County. The focus of this group is first through fifth grade students and included a mentoring program. There is an opportunity for the youth to be involved in this program to interact with elected officials, high school students that give of their time, and

community stakeholders through program, tutoring, and interactions with these students. The program focuses on successes and minimizes the negativity to the group and to work with elected officials that are at the center many times each month. Numerous prevention materials were provided to this after school program.

On December 10, 2018, the RPR participated in the Webinar: "National Opioid Crisis."

On December 19, 2018, the RPR participated in the Webinar; "Keeping Kids Healthy: How Substance Abuse Prevention Can Really Work."

On December 20, 2018, the RPR participated in the Webinar: "Breaking the Barriers in Medication Assisted Treatment for Opioid Use Disorder."

Strong collaborations exist in Region 10. There is an ongoing partnership with the Task Force and the following for the upcoming Southwest Arkansas Summit:

- Patricia Brannin, Criminal Justice Institute (CJI)
- Jimmy McGill, Health Department Representative
- Brittany Palermo, Riverview Behavioral Health
- Sarah Powell, Rural Health Specialist
- Deanna O'Malley, Business Owner and Volunteer

#### **Arkansas Prevention Needs Assessment (APNA)**

Region 10 provide data from APNA to a Riverview Behavioral Therapist in order for her to complete a presentation.

The RPR contacted PRIDE Surveys to discuss county level data where school districts have not participated in the past years and how that ultimately skews the data for that particular county.

# **Regional Prevention Advocacy Council**

On December 17, 2018, Regions 8, 10, and 11 met to discuss and plan the Southwest Arkansas Task Force Summit.

Region 8, 10, and 11 are collaborating with the Arkansas Department of Health, Texarkana Arkansas Police Department, and volunteers to commence planning for a Summit in Southwest Arkansas. The dates for the event have been pushed to a Fall schedule. Discussion covered event promotion, training outline, logistics (including exhibits), and the event budget. Region 11 will be using funds from marketing to order the portfolios for attendees.

The Southwest Arkansas Summit Planning Team members are:

Sarah Powell, Rural Health Specialist, Arkansas Department of Health Edie Greenwood and Cheryl Byrd, Community Health Nurses, Arkansas Department of Health Kristi Bennett, Texarkana, Arkansas Police Department Linda Goodner, ACC Yesenia Sanchez, Legacy Initiatives Brittany Palermo, Riverview Behavioral Health Katie Yamauchi, Region 8 Prevention Provider

Ideas have been brainstormed such as suicide prevention, alcohol use prevention, opioid medication assisted treatment (Arkansas Treatment Services), and crime prevention from local law enforcement. A new stakeholder for the Region 11 Task Force, Regina Irizarry with the PACE after school program, will be offering input and suggestions moving forward.

# **Trainings/Presentations/Media/Technical Assistance**

Region 11 used the APNA data to assess the needs and identify the youth substance problems in Dallas County in order to build an effective logic model.

The RPR continues to strengthen collaborative efforts and gain capacity by reaching out to new stakeholders, for example Regina Irizarry with PACE and Ms. Johnson, former school teacher in Fordyce) to extend the reach of available resources.

The RPP joined forces with the Arkansas Department of Health and Region 10 RPP to work on planning the Southwest Arkansas Regional Summit. Planning is in process to implement and conduct the conference.

Five billboards are placed in strategic locations throughout Region 11. The total monthly impressions are 312,996. The outdoor boards cover a variety of prevention messages including the Arkansas QUIT Line, Prescription Drug Take Back website (ARTakeback.org), Listen to Your Children, Opioid Addiction, and Marijuana Danger.

The Radio PSA for the month of December focused on National Drunk Drugged Driving Awareness and was as follows:

One drink for the road? What did that last drink cost? Thousands of dollars in legal and court costs, your license, and possibly your job when you're arrested for driving drunk. Law enforcement will be out this holiday season protecting everyone from drunk drivers. Celebrate responsibly! Chances are you will be caught. Designate a sober driver, call a cab – or take a ride straight to jail. Remember: You drink and drive. You lose. A message from Harbor House, Incorporated Prevention Programs

On December 3, 2018, the Region posted the following on Facebook:

"Hi. This is Annette from Harbor House, Inc. Prevention Programs, Region 11, from Columbia, Union, Dallas, Calhoun, Ouachita, and Nevada Counties in Southwest Arkansas. We want to remind you that one drink for the road could cost you thousands of dollars in legal court costs, your license, your job, and possibly your life when you're arrested for driving drunk. Law enforcement will be out this holiday season protecting everyone from drunk drivers. Celebrate responsibly! Chances are you will be caught. Designate a sober driver, call a cab or take a ride straight to jail! Remember: You drink and drive, you lose."

On December 10, 2018, the Region posted the following on Facebook:

"Hi, this is Annette from Harbor House, Inc. Prevention Programs, Region 11. Remember talking to your kids about marijuana and drugs is no longer taboo. Communication is the key! Talk to your children."

A link to this article was included: How to Talk About Marijuana – https://drugfree.org/article/how-to-talk-about-marijuana/?

On December 18, 2018, the Region posted the following on Facebook:

"Pharmacists issue warning over alcohol consumption at Christmas"

<a href="https://www.joe.ie/amp/fitness-health/pharmacists-issue-warning-alcohol-consumption-christmas-6">https://www.joe.ie/amp/fitness-health/pharmacists-issue-warning-alcohol-consumption-christmas-6</a>

In December, the following email was sent to approximately 250 stakeholders in Region 11:

Don't Wreck the Holidays. Over a 5-year period, over 4,000 people lost their lives in drunk driving crashes in December.

An attachment to the email contained the public service announcement deliverable for National 3D Month.

Region 11 endorsed the following environmental strategies:

• AR QUIT Line, Tobacco prevention posted on billboard in Ouachita County.

- Prescription Drug Take Back website (ARTakeback.org) on a billboard in Dallas County.
- Listen First the First Step to Help Children Grow Healthy and Safe on a billboard in Nevada County promoting International Day Against Drug Abuse and Illicit Trafficking.
- Radio PSA promoting deliverable Drinking, Drugs, and Driving Awareness during December to change attitudes toward impaired driving.
- Facebook social media posts advocating environmental strategies drinking and driving, talking to your kids about marijuana, and warnings on alcohol over consumption during the holiday.

On December 4, 2018, the RPR attended the TOUCH Coalition meeting in El Dorado to hear committee reports on healthy living and substance abuse prevention. The RPR promoted Drugged, Drunk, Driving Prevention and gave members a prevention tumbler.

On December 10, 2018, the RPR participated in the Webinar: Operation Parent "Shedding Light on Youth Alcohol Usage and Binge Drinking."

On December 11, 2018, the RPR attended the DASH Coalition meeting in Fordyce. The RPR promoted National Drugged, Drunk, Driving awareness month. Prevention materials were disseminated.

On December 19, 2018, numerous prevention materials were provided to Ms. Johnson for the Fordyce School. Technical assistance was also provided to Ms. Johnson to conduct a "Stay Drug Free" campaign at Fordyce Elementary School in Dallas County. Ms. Johnson opted to conduct the classes on her own and use the materials provided. The details are provided as follows in a letter from Region 11 on December 19, 2018:

December 19, 2018 at 3:06 PM – Fordyce, AR (Dallas County) News from Region 11 Prevention Provider

Through a donation from Annette Sharp, Harbor House, Inc., Regional Prevention Provider, Mrs. Johnson, a retired second grade teacher and volunteer at the Dallas County Museum received 567 books on drug prevention. Each child at Fordyce Elementary School received drug prevention coloring and/or activity books.

Kindergarten and first grade classes received age appropriate books Drug Free and Me and We Know About Drugs. Other activity books shared were Stay Drug Free, We Don't Need Drugs, and 101 Things to Know About Tobacco. Mrs. Johnson encouraged the children to take the books home and go over the activities with their parents.

She also distributed 100 books on How to Handle Bullying. Many children experience bullying, yet they are afraid to talk about it. Mrs. Johnson delivered these books to Nichole McGhee, Elementary School Counselor, to review with the 5<sup>th</sup> grade students.

Also, on December 19, 2018, the RPR participated in the Webinar: Keeping Kids Healthy: How Substance Abuse Prevention Can Really Work."

On December 20, 2018, the RPR participated in the Webinar: Breaking the Barriers in Medication-Assisted Treatment for Opioid Use Disorder. Also, on this date, the RPR participated in the Webinar: Prevention Plus Wellness – Program Implementer's Best Practices.

The RPP recently attempted collaborations with three (3) major stakeholders in an effort to partner with Region 11 to plan for the Region 11 South Central Drug Free Task Force Spring Summit: Brittany Palermo, Riverview Behavioral Health; Regina Irizarry with the PACE program of Southwest Arkansas Mental Health; and Mary Dempster with the 13<sup>th</sup> Judicial Drug Task Force out of Camden. Collaboration is ongoing.

# **Arkansas Prevention Needs Assessment (APNA)**

Region 11 provided data from APNA to Dallas County.

# **Regional Prevention Advocacy Council**

Region 12 currently has the same stakeholders serving on the Task Force and is in still in the recruitment stage. Task Force member, Angela Johnson from the Department of Human Services, is working with the Division of Children and Family Services on scheduling some life skills presentations for the youth in foster care and will soon be working with nursing home to gain partnerships to complete some projects in prevention with them.

#### Trainings/Presentations/Media/Technical Assistance

Region 12 implemented the SPF process for planning prevention projects during this reporting period by planning to distribute 3D prevention awareness materials throughout the Region. Providers assessed the need for 3D awareness to be promoted during December. Providers decided what materials and how much to use to promote 3D awareness in the counties served. The Region also planned who would distribute the information and when it would be distributed. A date was scheduled to distribute specific locations and implemented delivery.

Region 12 marketed the 3D prevention messages in the community through social media. On December 19, 2018, a post was made on Drive Sober or Get Pulled Over/Buzzed Driving is Drunk Driving/Designate a Sober Driver to inform the community of 3D awareness and encourage them to stay safe. The Region has 294 followers.

The 3D prevention information was disseminated in local businesses in Arkansas and Jefferson County Health Units.

On December 4, 2018, Region 12 staff attended the 14<sup>th</sup> Annual HIV/Tobacco Prevention Symposium at Delta River's Nature Center in Pine Bluff.

Region 12 offered Pine Bluff High School (Jefferson County) technical assistance in helping find an alternative program for students who are caught smoking on campus. Region 12 met with Principal Nellums on December 3, 2018. Region 12 reached out to MidSOUTH for technical assistance with this request and obtained names of some program options (Teen Intervene, Second Chance Tobacco, MidSOUTH online courses, and the Aspire Program). Region 12 collaborated with RPRs (Cindy Dewitt and Shannon Cook) to assist with finding a program. In addition to the programs recommended by MidSOUTH, the RPRs provided the online Arkansas Department of Health Tobacco Prevention and Cessation Program that includes educational modules, pre- and post-tests, quizzes after each module, reporting system with grades and a certificate of completion and Second Chance, a web-based tobacco education program for middle and high school youth who have violated a tobacco policy at school or a law in the community. The program may also be helpful for teens that are experimenting with tobacco, but have not violated the tobacco policy. The information obtained and Region 12's research will help Dr. Nellums in making a decision on which route he wants to go. The next meeting will be scheduled in January 2019.

On December 7, 2018, Region 12 staff attended the How to Work with Opiate Users webinar.

#### **Regional Prevention Advocacy Council**

The Regional Task Force met on December 13, 2018 in Ashley County. There were five (5) members present. The RPR further discussed the requirement to host a mini-conference in Region 13 that is coalition driven. The RPR provided the most recent Regional APNA data. Based on that data, those in attendance did a brainstorming exercise on potential topics that directly impact their communities. The RPR shared the suggested agenda approved by MidSOUTH. Some of the topics include: tobacco (vaping among teens), opioids, child welfare, law enforcement (parole recidivism based on substance use and behavioral health), and methamphetamine. Also, we discussed potential speakers, location, and dates. The dates recommended are in late April or early May. The group will convene again to provide suggested speakers. The RPR will share some ideas that were gained from other RPRs in the planning and implementing of their regional conferences. Additionally, the RPR will see guidance and technical assistance from the staff of MidSOUTH.

# Trainings/Presentations/Media/Technical Assistance

The RPR utilized the SPF as a guide to implement prevention projects in Region 13. The RPR looked at national and state data relative to impaired driving in the state and local area. This information was delivered to build community awareness about the dangers of driving under the influence of alcohol, marijuana, and other drugs. Flyers were distributed through the Region highlighting statistics. Normally, the RPR publishes a major media campaign during this time of the year. Due to budget restrictions, the published media campaign was not completed. Information was printed from the "Buzzed Driving Campaign" media toolkit sponsored by the National Highway Traffic Safety Administration and disseminated. Local sobriety checks were conducted by local law enforcement through the holiday season.

During the month of December, Drugged and Drunk Driving were the focus of the RPP. Flyers were distributed throughout the Region at local venues such as community bulletin boards, stores, and church bulletin boards.

On December 20, 2018, the RPR was a guest speaker at the Phoenix Annual Volunteer Recognition and Christmas celebration in Crossett. The presentation lasted approximately 30 minutes. These volunteers and other grassroots members consisted of individuals from several counties in the Region that came together because of their relentless efforts and commitment to creating solutions for issues that affect their communities. The RPR utilized this opportunity to network and recruit members for the Prevention Task Force. The RPR provided an overview of the resources available at the Regional Prevention Center and my role in the community. The RPR provided a sample of brochures that are available through the Center and reminded individuals of the holidays and the increased risk of drinking and driving and the harmful impacts on the community.

The RPR distributed numerous educational prevention materials in December.

A training has been scheduled for the Vera Lloyd Presbyterian Home in Monticello on January 22, 2019.

The RPR partnered with the Drew Health Coalition in their efforts to provide hygiene bags to elderly citizens in Monticello at several elderly housing complexes, assisted living, and nursing facilities. The RPR disseminated the "How to Talk to Your Doctor Handbook."

The RPR is a member of the Arkansas Rural Health Partnership Opioid Task Force and Opioid Committee. The group is scheduled to meet on January 18, 2019 in Monticello.

The RPR has discussed with the Arkansas Department of Health – Southwest Regional Health Coordinator, Kimber Knight, about the possibilities of partnering to conduct opioid presentations at local venues that would help to build the community's awareness as well as to inform them of resources.